UNITY
DEVOTED TO PRACTICAL CHRISTIANITY

Vol. 47 KANSAS CITY, MO., NOVEMBER, 1917 No. 5

THE JOY OF THE LORD

Ida M. Mingle

JOY IS the natural result of harmonizing and developing all the mental faculties and powers in the direction of godliness. This is the joy of the Lord, the joy of living and expressing harmoniously under Divine Law. The greatest joy attainable is the joy of a free, contented, pure mind. This joy comes only through regenerating the consciousness with living Words of Truth.

The spiritual life is a life of joy, despite its having been so long pictured to the contrary. With the *crucified* Savior constituting the rock foundation of Christianity for ages, can we wonder that a spiritual life has been pictured to be one of gloom, long-faced piety, solemnity and tears, and joy a post-mortem experience? The world has been told over and over again that its inhabitants were "miserable sinners," "worms of the dust." Why? So they might know the joy of conversion! But Truth gives us a better way. It assumes that God, the creator of all good, is always present; that man may enter into the joys of this Good when he is ready to seek satisfaction through the soul, rather than through the flesh.

The tragedy of living ceased with the crucifixion of Jesus, and its joys began. Truth heralds with joy a risen Lord, a living Christ, making the resurrection the goal of Jesus' life, rather than the crucifixion. All who follow the Master into the more abundant life which he came to bring shall have the eternal, abiding joy, that fullness of joy of which Jesus so tenderly spoke. This is the glad tidings the

followers of Jesus were commanded to give to all the world.

Day by day as we speak our messages of Life, Love and Truth, we are sweeping aside the cobwebs of a sorrowful Christianity, with its disease and fears, and giving instead living words that make the desert places of the consciousness of the race rejoice and blossom as the rose. Heaven is joy, and heaven is now being established in the earth. We need no greater proof of the establishment of heaven than the present upheavals, and the clamorings of nations for a peace that will be permanent and abiding. They say, "Make conditions such as to forever prohibit a recurrence of these conflicts." The hearts of the world are hungering for the coming of the Prince of Peace and his kingdom. When the clouds shall have cleared away, men will have realized that they are One Body working for the common good of all, and that all this confusion and commotion was necessary to arouse the world from its lethargy of sin.

Someone has said, "All the way to heaven is heaven." In other words, all the way to harmony is joy. It does not matter if the turbulent waves beat against us at times if it become a joyous opportunity to prove the supremacy of man over mortal conditions. The attitude of the mind of man in harmony with Divine Law is that of a conqueror.

Spiritual growth involves not only conquering the limitations of one's self, but also the upliftment of the whole race. We can bestow upon man no greater joy than knowing the Truth for him, when we discover him floundering about in the mire of despondency. "Greater love hath no man than this, that he lay down his life for his friends." We lay down our lives when we cease to concern ourselves and others with the various ideas and petty conditions that build up the personal man, giving the substance of our thought to resurrecting the eternal man. All suffering and unhappy people must find new ways of thinking and come into the realization that their thoughts shall determine whether they shall be happy and harmonious or otherwise.

Jesus gave us a wonderful prescription when he said,

"Be of good cheer; I have overcome the world." We know that the same Spirit that raised Jesus up and out of the mortal consciousness is here now, and that we can set it into operation in our lives and affairs through laying hold of it with the same trust, patience, persistency and faith that Jesus did.

Jesus is sometimes pictured as a man of sorrows, but the fruits of his living do not verify this idea. Because Jesus did not go about smiling unnecessarily, can we say he was not happy? Happiness is an interior, calm serenity of the soul that speaks peace and power. From this high and holy place Jesus healed the sick, comforted the sorrowing, gave sight to the blind, made the deaf to hear and the dumb to speak. He destroyed the fears of the people and restored them to equilibrium and poise. Picture to yourself this master of men stopping the funeral cortege, bearing to an earthly resting place the only son of a poor widow. See him take the deceased son by the hand, command him to sit up and restore unto the weeping mother her only child. Can you or I interpret the joy he must have felt? We, who have for a brief moment entered into the joy that comes with an instantaneous healing, have tasted slightly of the joy that continually welled up in the heart of this master of men.

All through the New Testament, joy is pictured as one of the principal fruits of the Spirit. Joy always accompanies the activity of the Word. Who of us have not experienced to some degree this joy of the Lord to meet our every need. How the joy of the Spirit surged through me one night, as I was falling off the porch, clad in the consciousness that God's Divine Idea cannot fall! I landed as lightly as a feather. A friend told me this summer of coming into this joy in the midst of a tornado. When the storm first came up, filled with a great fear, she sought refuge in the cellar. But in the midst of its fury, with the stones battering in the windows, and the furniture tumbling over in the house, she realized that God was not in the wind, but in the midst of her, mighty to protect and shield. She lifted her heart to the Father within, and in the words of Jesus, "Peace, be still,"

bade the winds to cease. The storm died down, poise was restored to her soul and the joy of the Lord filled her to overflowing with praise and thanksgiving.

The greatest joy that can be given to a waiting world is the glad tidings of Truth, that there is here and now a Principle so perfect that it never fails and that man has power to ally himself with this Principle. Think of the joy of finding and being at-one with this Mighty Power! To contact it for an instant is to seek it always. Do you think it is hard to love the Lord with all the heart, mind, soul and strength? Not when one has known the joy of the Lord sufficiently to have felt its power and presence as a healing balm within.

God created us to have dominion, and we are proving that when we turn our attention to the realm of Divine Ideas, looking to it for the fulfillment of our every need, living becomes as scientific and exact a process as arithmetic or geometry. If you are missing the joy of the Lord, look for the cause of the inharmony. Is it a financial difficulty? What is your mental attitude toward finances? Do you give generously and receive gratefully? These are two requisites necessary to equalize the Divine Law in consciousness in demonstrating abundance. Do you utilize, bless and praise what you have? Jesus took the "few loaves and fishes" and by blessing them, so increased the ideas they represented as to feed a multitude. Remember, too, that he made the multitude sit down in an orderly, expectant attitude of mind, ready to receive the fruits of the law. Had they stood and wrangled and worried as to how they were to be fed, instead of exercising faith and obedience, there would have been no joyful fulfillment of the Word of Increase. Man must fulfill the law through *acting* in harmony with his ideas, if he is to find satisfaction and joy in Truth.

The joy of the Lord enters into every activity of living when we make ourselves receptive to its inflow. There is nothing commonplace in the universe. Back of every manifest thing is the idea that begat it, and back of the idea is God, the Omnipresent and Omnipotent Mind. We live in a

world of realities, once we enter into the joy of the Lord, for the realm of delusion, sin and materiality are reduced to their primal nothingness through the power of our Word of Truth.

Not until man disobeyed the Inner Voice did living become to him a hard, laborious process. It follows that when man learns again to listen to this Inner Voice, and obey its promptings, that he shall cease to labor in the sweat of his face. Then he will enter into the joy of creating and producing under the original law of the Lord, which is the law of the Word. Through the Word we move upon the all-enfolding, all-responsive, all-loving Substance of Spirit and bring into manifestation the ideas contained in our Word. Work then becomes a joyous expression of the qualities of one's being, and every man becomes an artist in the Lord's school. Ceasing to work for money, man will have plenty because he will reap in proportion to the rich substance of Spirit he puts into his service. Work is only an exchange of service and money is an idea of value. Value your work highly; put love, wisdom, joy and substance into the work at hand and you gravitate to that particular phase of expression in which you find your highest joy and satisfaction.

Joy is not won without we earn it. True we are joint-heirs with Christ, but we must, through an orderly unfoldment of our Divine qualities, prove our sonship. Jesus had no glory thrust upon him. Step by step, proving the supremacy of the Christ in him over the demons of mortal thought, he mounted to the heights. Because Jesus earned his joy, his victory clothed him with dignity and glory, yet left him with the simplicity of a child. Jesus proved that the spiritual life is the real joy-life.

All the world is seeking the expression of joy, although humanity may not be wholly awake to its desire. But it seeks satisfaction in this pursuit and another, unmindful of the exact law that says it shall lose that which it selfishly pursues. The fall of the personal man marks the ascent of the spiritual man. "Man's extremity is God's opportunity." Man must have an unselfish purpose in life if he is to be prosperous and happy. He must love success for the expression

of good it gives, not for the possession of things it brings. Even those who seek the expression of health must desire to demonstrate health because it is to prove God, rather than to be relieved of discomfort. To enter into the fullness of the joy of the Lord is to seek Truth for its own sake, rather than for the blessings that it brings to the individual. To find the inner kingdom of riches, is to become indifferent to the added things.

We are entitled to every good and perfect gift of God. But let us realize that we make preparation to receive these gifts through coming into the recognition of God as our Divine nature. So long as man separates himself from Divine Mind (God) in thought, just that long will he be separated in manifestation.

Let us insist in positive words of Truth that we are one with the creative joy of the universe; that this joy is the same, yesterday, today and forever, and that it cannot be disturbed. Therefore, we cannot for a single instant lose sight of the abundant, free-flowing joy of our spiritual birthright, which is health, harmony and perfection. The genuine joy comes, not through seeking pleasure after the manner of the world, but through giving the substance of our thought to the cultivation of divine ideas.

Let us hold for the joy of the Now, for Now is the only time. As J. Kendricks Bangs has so aptly put it:

> "Today, whatever may annoy,
> The word for me is Joy, just simply Joy;
> Whate'er there be of sorrow,
> I'll put off till tomorrow,
> And when tomorrow comes, why then
> 'T will be Today, and Joy again!"

Much of the lack of joy in the world comes out of being anxious about tomorrow. Jesus said, "Be not anxious for the morrow," and we know that we can so train our minds that we can be poised and happy in the Now. To give the substance of our thought to either the past or the future is to divide the forces of our organism, and rob ourselves of present joy and attainment. As we learn the wonderful law

of self-expression and realize that we contain within ourselves all capacity, then we can "consider the lilies of the field," and abide in the same consciousness of peace, loveliness and harmony.

We can conceive of no other reason for God creating the universe except for the joy of expressing himself. We too must become a creator, for we partake of the Divine Nature. We must bring forth the Divine Self. The Divine Self is the *new creature* which is to inhabit the new earth, in which there is to be no more death, neither sorrow nor crying, nor any more pain. Joy and gladness is to fill this world when man stands revealed as the sinless, sickless, deathless Son of God. The laws of the kingdom of heaven to be established in the earth are exact and scientific. Man, being Mind, and containing within himself the Spirit of the Almighty, can discern the laws of his creative Parent, and set them into operation in his consciousness. We can only gain consciousness of our Divine Self by expressing that self. Expression under the law of the Lord, is the right use of God, for God is an active, usable Principle of Mind that responds to our true thought and word, bringing forth the exact pattern that we hold in mind. If our minds are filled with thoughts of love, purity and wisdom, and all other qualities of good, we can rest assured that we have entered into the joys of the Lord, and are bringing forth the kingdom of God in the earth. "For the kingdom of God is not meat and drink, but righteousness, and peace and joy in the Holy Spirit."

Amid the maddening maze of things,
  And tost by storm and flood;
To one fixed trust my spirit clings—
  I know that God is good.
I know not where his islands lift
  Their fronded palms in air;
I only know I cannot drift
  Beyond his love and care.

—*Whittier.*

A PRAISE TREATMENT

THE teaching of the science of Being deals with your thoughts and not with your physical organisms; it teaches you how to reason and think correctly. "Come, and let us reason together," saith the Lord.

Do you not know that you can reason yourself into having a healthy organism? Well, you can. It has been and is being done by hundreds and thousands of people. As for myself, if you will allow me to be personal, before I tried this method I had always been delicate—very sick a great deal of the time, and delicate always, continually having a doctor and taking medicine; at last I said in desperation to my doctor one day, "Doctor, will I ever be well? Can I ever be a healthy woman?" He just looked at me without a word of reply. "Answer me," I said, "tell me the truth." Then he said, "No, you will never be a well woman; even if it were not for your diseases, which have become chronic, you could never be strong, for you are so delicately constituted and of such a nervous temperament."

I will not tell you what I passed through for a few days, until, by what seemed the merest chance, I was persuaded to go to a Mental Scientist, and what do you suppose he told me? He said, "You *can* be a well, strong woman; you can be just as healthy and just as strong as you want to be. If you will obey the teachings of our Science, you can make yourself able to do whatever you want to do. Health is the divine right of every child of God. God gives nothing but good gifts to his children, and you can have all the health you want."

Now all this sounded like a "fairy story" to me, and I did not believe a word of it; for, mind you, I had been trained to believe that the doctors knew everything about diseases, and how to cure them if they were curable, and how to pronounce upon them when incurable, so I did not believe this man, who knew nothing of medicine, when he

told me that I could be as well and strong as I wanted to be; but it was a new kind of talk and it sounded good; it almost seemed to me that he was "in the cheering-up business," and so I wanted to hear some more of it, and I went back the next day for another treatment, especially as my husband said, "Try anything that you think will help you."

The sequel of it all is that I am now very sure I accomplish as much work in a day as any woman of my acquaintance. I can walk five and six miles without becoming tired, when formerly, at times, I could scarcely walk across the floor of my room. But my healing did not really come so much from receiving treatments as it did in studying the Science and obeying its teachings myself.

At first I was taught the denials and affirmations, and after I had used them a number of months, was taught this next step, viz.: To take a statement for each day in the week, and hold it week in and week out, month in and month out. Now I will tell you just how to change your consciousness to a state of right thinking.

On Monday make the statement of Being.

On Tuesday use the denials and affirmations; not only the denials of Science, but your own particular denials, and their accompanying affirmations.

Let Wednesday be a praise and thanksgiving day. Praise yourself that you are so kind and loving, and that you are so honest in your intentions of serving the Good; praise yourself that you are so steadfast in these same intentions; praise yourself because you are so strong and healthy, because you have such a sweet, charitable disposition; praise yourself because you see only the good in everyone and everything in the world. Praise yourself for every good thing that you do see in yourself, and for every good thing that you want to see in yourself. You must praise for the good characteristic that is there to strengthen it, and praise for the good trait that seems lacking, to compel it to appear, for you know that the fruit of your lips will be created for you.

Let Thursday be your day for declaring faith; say,

"I do believe that God is now working with me and through me and by me and for me;" say it with a sure certainty, for it is true.

On Friday be courageous and strong and powerful; overcome all obstacles by your word; say, "I can do all things through Christ that strengtheneth me;" say this with all your strength, and I tell you you can do just whatever you want to do, even things that will seem like miracles.

On Saturday affirm understanding. Say, "I understand the law of Spirit." Say it lovingly and gratefully, and each Saturday the veil will be a little more removed from before your eyes, until one day you will see clearly; you will know all things and you will be well and strong, and able to do all things.

This is the way that was taught to me. We must be obedient and faithful to Truth teaching in order to be made strong and well.

The "word is God." Whosoever will may learn true words and may speak them.

On Sunday acknowledge results as if you had them already, for you have. The Lord is the health of thy countenance.

A few days ago a man came into our office on an errand. He comes to us regularly once every month, and, to my knowledge, had never before that day made any remarks, simply had transacted his business and gone out; but that day he stopped by our books and cast his eyes over them, as though he was searching for something.

I inquired, "Have you ever been given one of our magazines?"

"No," he replied, "and I was just looking over these books to see if I could find anything that will tell me what you really are teaching."

"Well, it is something very beneficial," I said.

He answered, "I was cured of epilepsy after having it for forty-two years, and I believe it was in the way you teach."

I asked, "Who cured you?" "I cured myself," he replied.

"How did you do it," I asked. "By prayer," he said.

Then I eagerly asked, "How did you pray? Tell me the very words which you said."

"Well," he replied, "I had tried all the doctors, taken all the medicines, and experimented with almost everything, without being helped at all. I was a church member, and had the Bible at my tongue's end, which I found I knew nothing about after my healing came. One night when I was on my knees praying, something said, 'Try the Lord's way of healing.' I did so, and I was healed before I got up off my knees; and I have never had a spell since."

I asked, "How long ago was that?"

"Four years ago last spring."

I said, "Tell me *exactly* how you prayed."

"I just simply stopped asking the Lord to heal me, but praised him for my perfect health, and I've found out that that is all one has to do. I praise him for everything. I praise all the time. I found as soon as I began to read the Bible from my new standpoint, that from Exodus to James, it was full of promises of health, health to the people if they would only praise God, and that it speaks a great deal more about health than it does salvation of souls. We must praise for what we want."

"Yes," I said, "praise is the secret of the Lord."

"I found that out for a *fact*," replied he, "and I use it in everything; I have healed two of my children with it, one of typhoid fever, the other of diphtheria; we had no doctor for them but just praised for their perfect health, and I thought that maybe it was something like this that you teach in your magazine."

Truly, God is no respecter of persons. How clearly he reveals himself to them who with an honest heart seek to find him.

Good is for you. Good is for *you*. All good is for you, and you have a right to have it. Health is for you. Health is good, and you ought to have it. It is the will of

God that you should have health. You ought to be so well and healthy through and through that every day would be a joy to you. I know it is the will of God that you should have health. I know it because it is according to unalterable law.

Health is good—you ought to realize that you have health, for you are the child of God—and the child of God lacks no good thing.

Strength is for you. Strength is good, and you ought to realize that you have it. You ought to be so strong that you would be energetic and courageous and hardy and able to surmount and overcome every obstacle. You ought to be able to do everything that you want to do. Strength is good, and you ought to have it. The child of God lacks no good thing.

You ought to have a peaceful, happy home. Nothing but love should abound in your home. Your real home is your consciousness, and what you call your home is only the picture of your thoughts. If anything undesirable shows out in your home, it is because you have had at some time, or are now having, error thoughts. If you have cheerful, peaceful, kind and loving thoughts you will have a happy home.

You ought consciously to be wise and intelligent. You ought to realize that you have good judgment. You ought to know that you are capable and efficient. Wisdom and prosperity are good, and you ought to have them consciously, at least as much of them as you need for daily use. Success is good, and the child of God must lack no good thing. Come now, let us be prudent, let us look well to the ways of our household. Let us in the privacy of our home—which means in our most secret thoughts—acknowledge the good and think nothing but true thoughts. Let us prove that our God is the God of health and strength and peace and knowledge and bounty. Claim the good, for as you claim so will you receive.—*From "Heilbroun."*

"Increase of happiness is the sole and only purpose of Creation."

THE OVERCOMING POWER OF DIVINE FEARLESSNESS

From a Lecture in Unity Auditorium, Kansas City, by CHARLES FILLMORE—*Text, Fourth Chapter of Nehemiah.*

IT IS written in the Scriptures, "Every man's word shall be his burden." We interpret this to mean that the foundation of all burdens is in the thoughts of men. If this be true, and we know by experience that it is, we should give a large part of our attention to the discipline of our thoughts.

Through the power of thought we not only form states of mind in ourselves, but surround ourselves with a thought atmosphere which joins with the thought atmosphere of others and makes a race condition of good or ill, according to the character of the thought.

It is, then, incumbent on all people who teach the doctrine of Jesus Christ, the inner Truth of man's being, to gradually set in right relation all their thoughts. If we are bound in the atmosphere of the race thought, we must loose ourselves and establish a new thought atmosphere. This is the work we are striving to do.

We can concede that certain things are true, but it is not always so easy to demonstrate them. We know, however, that we can send out the power of thought and demonstrate whatever we wish, if we are faithful. Many people are burdened with the word of fear. Sometimes they know not what they fear—the fears come from the thought atmosphere.

As overcomers, we do away with our own fears, then with the race fear. We may establish ourselves in Divine fearlessness by denying all fear and cause of fear and affirming the presence and power of Divine Mind. God is the source of all, and in him there is no fear. "Abiding in thee, I fear no evil." Let us take that word and establish right here a thought atmosphere of fearlessness.

The fourth chapter of Nehemiah, summed up, states that Nehemiah, realizing the need of a restoration of Jerusalem, went to that city from Babylon, where he had been a captive for many years, and began rebuilding the walls. This chapter tells also of the opposition the builders met in their work, but it is written, "The people were minded to work," and I would call your attention to that as a central proposition. The Arabs, the Ammonites and the barbarians around Jerusalem were opposed to the building of the walls because it closed them out from the city, and they sent messages to the Jews threatening to kill them if they continued the reconstruction. But Nehemiah kept on praying and working.

Among those in opposition to Nehemiah were certain of the children of Israel who took no interest in the work and had no faith in it. These said to the builders ten times from all places, "Ye must return unto us." But Nehemiah prayed to God and encouraged his people, and they kept on with their work of restoration. This is all illustrative of the work that goes on in every one of us, when we realize that our bodies are indeed the temples of the living God and that we are his chosen city.

We are sometimes asked by what authority we take this Scripture to mean the rebuilding of the body. We recognize no authority but the Spirit of Truth, and every man may speak with assurance when he is led by the Spirit. But we refer those who require some authority other than the indwelling Lord, to Jesus, who was led by this Spirit of Truth. He at one time told the Jews that they might destroy the temple and he would raise it up in three days. They said such a statement was absurd, and reminded him that it took forty-six years to build the temple. "But he spake of the temple of his body" (John 2:21).

If Jesus Christ referred to his body when he spoke of the temple, by the same rule we interpret this lesson to mean the renewal of the walls of the true temple of God, which is man's body. The important thing for us to know is that our bodies need restoration. It is of vastly more importance for

us to know how to rebuild the walls of these body temples than it is to study this Scripture as history. But if we can see in this history a lesson illustrating a work we all must do, then the Scripture account will be of value to us.

In the very beginning of this lesson story it is related that "the people were minded to work." If you want real health you must change your mind. All the parables of true prophets show the movements of mind, and metaphysicians have no difficulty in discerning the meaning of the illustrations. You must be "minded," that is, willing to do the necessary mental and physical work. If there is a single break in your flesh anywhere, if there is the least departure from the Divine perfection, some of your body walls are down and they must be rebuilt. The first break was mental; the first step in restoration is mental, and the second is physical. You must first have a *mind to work*. We find people who would like to be built up, and be perfectly healthy, but they are mentally lazy. The only way to get healthy is to line up with the Principle of Health underlying all existence.

You have something to do for yourself. If you want somebody to give you pellets, or electricity, or even if you see a step farther and want someone to give you true words to make you well, you are not fulfilling the Divine Law. Every man is beholden to the Law and he must learn it and keep it for himself. All the conditions we do not like have been brought about by our own thinking, and they can only be remedied by disciplining our thoughts along true lines. We cannot shift the burden to another. We eat our own food and breathe our own air. We clearly understand that another cannot eat or breathe for us. If we went to school to study mathematics or music we would expect to do the work for ourselves. We could not sit down and let the professor play for us and saturate us with music to the extent of making musicians of us. It is the same in healing. We cannot let another saturate us with medicine or with metaphysical statements and expect to find true and permanent health. Individual culture is absolutely necessary.

Every one must lay hold of the Truth for himself, through observing the spiritual law in his every thought, and repair his body and restore it to its glory as the temple of God. If we have a mind in that direction, the work is easy. Start with the proposition that you love to do the work; that you love the Law and love to conform all your thoughts to it. Then you will overcome easily the race indifference to spiritual thought.

When you begin the work of rebuilding your body walls you will meet with some opposition. You will find the Arabs, and the Ammonites, and various barbaric, undisciplined thoughts that have not come within your civilization, in subtle opposition. They even make invasion in your dreams. What is the remedy? Divine fearlessness. When you know that there is but One Mind and that Mind is all-powerful, you have nothing to fear. You must establish yourself in the fearlessness of the Spirit. Do not depend upon anything outside of yourself to save you. Lay hold of the indwelling Spirit, and make yourself one with it.

When you find yourself invaded by fear thoughts, say, "There is nothing to fear from these powerless thoughts. Omnipotent Goodness reigns in my mind." Do not fight. Do not be aggressive. Nehemiah prayed and armed himself, but he did not go out to fight. Pray and arm yourself with the Word, which is the sword of the Spirit, and go on about your work. Do not admit the thought that you have a fight on hand. If you are one with Omnipotence you know that you have all the power of the universe on your side and nothing can be against you. You have nothing to do with enemies. So take the stand that there is no opposition to the work of health and harmony going right forward in your body and affairs.

But sometimes we find our own people calling us back to negation. These thoughts are really the most difficult to handle, because they are very near to us, our own families, those who were our associates before we came into the understanding of the Truth. They come to us in a subtle way and say to us ten times from every place, "You must return

unto us. You can't get away from us." You may not hear this in just these words, but the thoughts will come. Then take a divine stand. There is nothing else to do. Many of your own thoughts are yet in an unregenerate, weak state, and from them suggestions of doubt and fear come. You must cultivate power and fearlessness, and stand in the strength of the Lord.

Jesus Christ would not go up to Jerusalem until he was ready. He first established himself firmly in Spirit and threw the consciousness of Omnipotent Life out into the cells of his body, until they were obedient. This is a work we must all do. Eternal life does not come by a blind faith.

Sometimes these race thoughts come, saying, "Oh, you will have to return to the bondage of death. Everybody has to die; everybody has to be sick." You hear these statements on every side, and the thought atmosphere is stifling because of them. But stand firm in the Truth. You know your God has said, "Go forward." Take up the truth of the new life and stick to it.

We are followers of Jesus Christ, and he is leading us into a new kingdom. All the old kingdoms are disappearing. The kingdom of Christ is being established in all the affairs of men. When we understand the underlying, unifying Principle of the One Mind, when we know that we are all one family, all the fighting ideas will be put away and peace established in the whole earth.

But we who are forging ahead must stand by the Principle. God is Spirit. God is all, and in him we have Divine freedom. We are no longer in bondage to a law which tears down. We are not one with the opposition, the negative, ignorance and darkness, but we are one with the Universal Good. Positive affirmations will build you up and make you fearless.

A man once said to a doctor, "How is it you can stand the constant association with sickness? How do you keep from taking all these diseases?" The answer was, "I see only the curative side." Let us adopt this thought of health as the one reality. Health comes from understanding

of the Divine Law and obedience to it. I know of people who make preparation in their homes for sickness. They have closets filled with medicine, and some have an extra room fitted up like a little hospital. They have set their thought force in the direction of sickness, and somebody must get sick to fulfill the law of mind which they have put into action. See everybody healthy and always expect health in yourself, your family and everybody. Think about the great Universal Health, and give no place in your mind to thoughts of disease.

I once read in a medical journal an instance showing the power of thought. A doctor diagnosed the cases of two young men who applied to him for help. He was to let them know the result next day by letter. He wrote one that he was free from disease, but told the other his condition was very serious; that by going to the mountains he might prolong his life for a time, but his heart was bad and that he would eventually die. By mistake the letters were misdirected and the healthy young man received the one containing the word that his case was hopeless. Immediately he gave up his work and went to the mountains, but in a short time died. That patient for whom this diagnosis was intended received instead the word that he was perfectly healthy, and in a short time he was the picture of health.

Be careful what kind of thoughts you sow. They will keep piling up in your mind and the minds of others, and if your words are of impending evil, evil will come to pass in yourself or those who believe your words. You can produce a shaky feeling in your body by giving way to fear thoughts. It is my opinion that earthquakes are caused by the race fear. When a great wave of race fear-thoughts strikes the earth it quakes and shakes like a trembling body of flesh.

But there is nothing to be afraid of when you know the Divine protection. Make a daily affirmation that the power of the Spirit goes before you and that nothing can harm or disturb you, and your body walls will be built up and the symmetry of the Divine Perfection will again appear in you as it did in Christ Jesus.

A TREATMENT FOR EVERYDAY

Monday—The good that is for me is my God. My God is Life, Truth, Love, Substance, Intelligence, Omnipresence, Omnipotence, Omniscience.

I do not accuse the world or myself of having lustful passions or sensual appetites. God is all.

Tuesday—In my idea of good there is no mixture of evil. There is no evil in Omnipresent Good. There is no opposition to God the Spirit. There is therefore no matter. There is no absence of Life, Substance or Intelligence. There is nothing to hate. There is no sin, sickness or death. There is no burden on my Spirit. There is no failure possible to me.

I do not accuse the world or myself of being a deception. There is no deception. All is Truth.

Wednesday—My Good is my God. My God is my Life, my Truth, my Substance, my Intelligence, my Understanding—Omnipresent, Omnipotent, Omniscient. I am my own understanding, and by it I live and move and have my being, reflecting Wisdom, Strength, Holiness, Unity. I am Spirit, Mind, Principle, and radiate the Light of Omnipresence, Omnipotence, Omniscience. My God works to will and to do that which ought to be done by me. I direct all things by Absolute Principle, and cannot sin, suffer for sin, nor fear sin, sickness, death. I understand God, therefore, "The Father and I are one."

I do not accuse the world or myself of sin. All is Good.

Thursday—I believe that my Understanding folds me 'round with omnipresent, omnipotent Omniscience. I have faith in God; I have the faith of God.

I do not believe in evil; I believe in good. I do not believe in Satan; I believe in Jesus Christ. I do not believe in discord; I believe in peace. I do not believe there is any opposition to Spirit; I believe Spirit reigns supreme today throughout all the world. All is Spirit.

Friday—The words that I speak unto you, it is not I

that speak, but the Father that dwelleth in me, he doeth the works. I am meek and lowly of heart. As Spirit, which I am, I can preach the gospel, I can heal the sick, I can cast out demons, I can raise the dead. I now work the works of God.

I do not accuse the world or myself of foolishness or ignorance. The wisdom of Jesus Christ reigns in all mankind supreme. All is Good.

Saturday—I understand the secret of instantaneous Spiritual demonstration. I am Omniscience, I am Understanding, I am Strength.

To all the world I proclaim: You are the perfect creation of the living God—Spiritual, harmonious, free, fearless. From every direction, everywhere, come the words of Truth, making you know that you are wise, glad and at peace. You are the living demonstration of the presence of Jesus Christ. I am satisfied with my world. All is Good.

Sunday—While knowing all things and doing all things, I am identified with nothing. I am absolutely free.

THE OTHER SIDE OF HOPE

ROSE BAKER HOWE

You cannot sow the fields of earth,
  Nor with God's forces cope;
Till you have fought for more than life
  The other side of Hope.

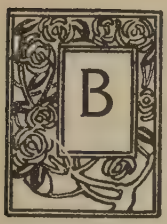
You may not see the way you take—
  You still in darkness grope;
Till you have lit the light that waits
  The other side of Hope.

You cannot stand upon the heights—
  You drooper in a mope;
Till you have wrestled with the fiends
  The other side of Hope.

You cannot reach that star of yours,
  By any earthly rope—
'Tis just the working of your wings,
  The other side of Hope.

THOUGHTS AND THINGS

An Address in Unity Auditorium, Kansas City, by
WILLIAM K. MILLER



"BY YOUR thought you are bound, by your thought set free," is the very simple yet far-reaching statement of a Hindoo teacher.

In these few, short words is summed up the whole Science of Mind. Here is the cause of failure or success in life; the reason why some prayers are answered while others are not; the secret of every demonstration through Spiritual Law.

The above statement contains the substance of the teachings of all metaphysical cults, orders and societies, divested of all religious terms; of all that is occult and mysterious, of all mysticism, for in their final analysis all these may be epitomized into thinking right thoughts and speaking right words.

It is not so much a question of "treating" conditions, as it is of searching the individual consciousness for the error thinking which has caused the wrong conditions; for uncontrolled and misdirected thought forces are the cause of all the ills which seem to be.

The whole process of spiritual overcoming resolves itself into a matter of changing one's ideas, beliefs, opinions and habits of thinking.

Every condition in your life is the direct outcome of your beliefs and opinions, strengthened, nourished and added to by the thoughts which you daily entertain, and the words which you daily speak—your thoughts and words being the natural consequence of these same opinions and beliefs.

Now, it does not matter whether people believe this or not, the Law goes on working just the same; but it is only as they are willing to open their minds to this Truth, and thus opening their minds, enter into that knowledge and understanding of thought power and control, that they can come

into that mastery and dominion over things, which is the Divine birthright of man.

Change your ideas, your beliefs, your opinions, and the outer will change also, for every change in thought habit brings about a corresponding change in body and affairs.

Right here it might be well to consider the question: "What constitutes right thinking?"

It is a common remark of people who are not in the understanding of these laws, when they are first told that the adverse conditions in their lives are due to their own wrong thinking, "Why, I don't think bad thoughts; my thoughts are good." Now, "wrong thoughts" are not necessarily "bad" thoughts, in the common acceptance of the word "bad." I think it would be better to say that adverse conditions are caused by *unscientific* thinking.

We often hear people say, "Why, I don't see what thoughts have to do with our conditions. I had a severe cold (or, I had this, or that) and I had not thought of having anything of the kind." The question for all such people to consider is this: Did you *ever* think about having such an ailment? Or, did you ever think of *anybody else* having such an ailment? That is the point. The conditions you are experiencing now may be the result of thoughts that have long since passed from your conscious recollection. We all know that our affirmations of Truth do not always bring at once into manifestation the good we desire. Sometimes the desired manifestation does not take place for weeks or even months after we have "held the thought" or "spoken the Word" for it; but the delay is always due to some unscientific thinking on the part of the one making the demonstration. Again, it does not necessarily follow that a bodily condition is due to the one who is experiencing that condition having thought about that particular ailment. The condition may be the result of some other discordant thinking. For instance, the conditions called a "cold" may not necessarily come from thinking or talking about a "cold," but may be the result of a tense condition of mind. Fear, worry, anxiety or tense thinking are liable to

bring about a tense condition of nerves and muscles, and this tense condition is called by the world "taking cold."

Here are a few simple illustrations of how thoughts bind:

Several weeks ago I had occasion to call up Silent Unity one morning, at an early hour. When there is no operator at our switchboard, the calls go in direct to the Silent Unity Department, and as this was before the hour for the operator to be at the switchboard, I took it for granted that my call would go direct to Silent Unity. I did not stop to reason it out, but my mind was so possessed by this idea, that, without giving the matter further consideration, or, in fact, without thinking about it at all, I called for the Unity number, and when I received answer I gave my message and hung up. But the instant I hung up I realized that my call had not gone into Silent Unity at all, but that it was the operator at the switchboard who had answered me.

A gentleman who is quite an earnest Truth student told me an experience he had during the recent street car strike. He lives near Troost Avenue, and uses that line. One morning he had occasion to go to Fifteenth and Troost. He was near Forty-second Street, and finding that all the autos going north took a different route from the one he desired, or else were already full to overflowing, he slowly walked south toward Forty-seventh Street, stopping whenever he saw a car coming toward him. A magnificent car came along, driven by a lady, who, seeing him standing looking as though waiting for a car, stopped and asked him which way he wished to go. He told her he wanted to get to Fifteenth and Troost. "I am going to turn off at Linwood," said the lady, "but you are welcome to go with me that far, if that will help you any." The gentleman thanked her, saying he would wait, as he would doubtless find an auto to Fifteenth Street before long. He continued his walk, until he reached Forty-seventh Street, where he waited for a few minutes. Soon a gentleman came along, in a large car, no one else in the car. He stopped and said to my friend, "I am going downtown. If you are going that way, you are wel-

come to go in my car." "I want to get to Fifteenth and Troost," answered my friend. "Well," said the gentleman, I was going by the way of the Boulevard, but I guess I could go that way." "Oh, no," answered my friend, "I would not want to put you out in that way. I thank you, however, for your offer. I will find a car soon that will take me to Fifteenth Street." Now, this man had had great success during the entire time of the strike, in finding autos to take him wherever he wished to go, and he had sent his Word before him this morning, and in a few minutes he did find a car going by way of Fifteenth and Troost; but when he told me of the incident, I said to him, "Why, you demonstrated a car to take you where you wanted to go twice. You could have gone with the lady to Linwood, and there you could have found a number of cars going by way of Fifteenth Street, or you could have gone down into the city with her, and there caught a car coming out to Fifteenth and Troost; or the gentleman would have taken you direct to Fifteenth Street. You didn't ask him to do this—he offered to do so of his own free will—why didn't you accept? That was a demonstration of your Word, and you deliberately turned it down." "Well," said he, "I never thought of it that way before. I had my mind so filled with the idea of getting a car bearing the sign 'Fifteenth and Troost,' that I couldn't think of anything else." Now, that was just the trouble. He had that one idea, and was so bound by that idea that he could not see anything else.

Both of these incidents are very simple, but they show just how people are bound by thoughts. These things are occurring hourly in the life of everyone. All systems of religion, politics, government, all social manners and customs of all countries, are the results of this same law on a larger scale. All these things are just so many ideas or thoughts, which are binding people, causing them to do things in many instances which they would not think of doing, were they ruled by reason.

I know of the case of a woman who had a farm. There had been a mortgage on this farm for a number of

years. She had great faith, and tried for months to free her land from this mortgage, through the power of Truth. Finally she lost the farm. I was so situated that I had access to the facts in this case, and I determined to investigate, and discover, if possible, just where lay the cause of her seeming failure to demonstrate. It seems that some time before this mortgage was foreclosed, a friend, knowing of this woman's desire to be free from her burden, had offered to take her farm, and to give her in exchange a piece of land free from all incumbrance. "But," said she, "I couldn't accept this favor from a friend; and besides, my land wasn't worth very much." Now, this woman had made a good demonstration. Her faith had been justified—her prayer had been answered—but she deliberately refused to recognize her demonstration. Here were two wrong thoughts which bound her and kept success from her. The first was the thought that it was not just the thing to accept a favor (she looked on it as a favor, you see, not as the working of the Law) of this kind from a friend. In other words, she assumed a different attitude of mind toward a friend, than toward a stranger, or one who was regularly engaged in the business world. Personality and inequality are two of the "wrong thoughts" which bind the minds of most people. Her second wrong thought was exposed in her words "and besides, my land wasn't worth very much." She was holding a depreciating thought over her property, and yet in spite of all this, she made her demonstration, had she only had the eyes to see it. However, she is full of faith, and she says, "I have faith that I will demonstrate another home;" and if she remains steadfast in her faith, she will. Not only will she demonstrate another home, but if she understands the Law, she will demonstrate a better home than the one she lost.

Many people have turned seeming failure into success by taking the mental stand: "I have not failed. I have succeeded better than I hoped. The reason I did not gain this I so desired is because something better is in store for me."

And where this attitude is faithfully maintained, the "something better" always comes.

A certain business man in this city has made it his constant practice to take the optimistic attitude of mind in all things. He related this experience: It seems he has occasion to go from one business place to another in the round of his daily duties. He said that one day when he had been out all day, going about from place to place in order to see the many people he had on his list, and in the evening, after an unusually trying day (he had not found a single person upon whom he had called), he went home feeling very much discouraged. His thought was, "Here I have worked hard all day, trying to see people whom it was so necessary that I should see, and not a single one at his office—I have not accomplished anything." Suddenly a revulsion seemed to take place within him, and he sat up and said positively, "No! that is not so! *I have accomplished everything I set out to do!*" The words came of their own volition as it were, and were accompanied with a feeling of conviction that everything was really all right. He said that within two days' time every item that he had on his list that day was cleared up, and in a most satisfactory manner; some people came to see him, some he met in various places, seemingly by accident, others he found at their places of business when next he called and some of the matters were taken care of in a wholly unexpected way. Did his positive mental attitude have anything to do with this? All who have studied the laws of mind, even in the most casual manner, know that it was that positive, "I have accomplished everything," that brought success out of seeming failure.

The majority of Truth students make the mistake of striving too hard in their use of affirmations and denials. They seem to have the idea that if they become tense they are giving added power to their thought, and that they must throw extra force into their thoughts or words in order to bring about desired results. We do not need to strive hard to put force into our thoughts and words. "Not by might nor by power, but by my Spirit, saith the Lord." Who is

this Lord of whom we hear so much? The word "Lord" has the same meaning as "Law." The Lord is this Law of Thought. It is Lord Thought who binds you, and this same Lord Thought who sets you free. It is altogether a matter of realizing that every little thought, and the most trifling word, are in themselves the power that brings about results for ill or for good in our lives and affairs. "My Words are Spirit and they are Life, and they shall not return unto me void, but shall accomplish that whereunto they are sent."

A thought admitted to the mind is like a seed placed in the ground. When a seed enters the earth the forces bound up in that seed are liberated and those forces at once begin to work, and later on the result appears in the form of plant or tree; so also, when you think a thought or speak a word you liberate all the power there is in that thought or word, and it at once sets to work to bring about in your body or affairs those conditions which are in accord with the character of that thought or word.

The reason people have mixed results in their lives is because they express mixed thoughts and words.

I remember well when my attention was first called to the importance of studying my thoughts. I had been reading one of Henry Harrison Brown's books, and I came upon a statement that made a deep impression upon my mind. It was this: "Affirm that which you desire to be (or that which you desire) as a present reality. Live as if it were already manifest, and you shall find it manifest."

Now this sounds like a wonderful promise. The first lesson of every Truth student is to learn to affirm the fulfillment of a desire as a present reality, but to live as if it were already manifest—there is the point. It is a common practice among metaphysicians to *act* as though certain desired blessings were already manifest. One of our prominent writers gives an account of a woman who demonstrated a piano by this method. The necessary money for the instrument was not in sight, so she affirmed her piano as already manifest, at the same time reserving a certain corner in her parlor for the instrument, and seeing in her imagination

the piano occupying that space whenever she entered the room. She would not allow another piece of furniture to occupy this place, nor would she ever stand on this spot. She demonstrated her piano. Many have used this method, and there is no question that it works, but I felt that the statement, "Live as if it were already manifest," contained a much deeper meaning. I thought much upon these words, and finally the light came. In order to really, scientifically live as though a certain condition were manifest, you would have to *think* exactly as you *would* think if you saw that condition a manifest reality.

By the way, *how* do we think? How is this process called thinking carried on—how is thought expressed? There are at least three important modes of thought expression. In the first place, we think in words, just as we carry on conversations with others, or as we would read from a printed page. In the minds of the majority of people there is a constant thought activity which much resembles a conversation carried on between two persons. This is the most common process of thought activity, and the one nearest the surface. This is the plane from which we act when making a deliberate denial of error or affirmation of Truth.

The second mode of thinking is in images or mental pictures. This is a deeper process and much swifter. In a single picture or image we can review scenes and events that might require minutes, hours or even days, to express in outer action, or, if we attempted to work out a description of every detail in words, would fill volumes.

Every thought or word forms a mental image. In many cases people are hardly conscious of these images, but when a conscientious search is made the image is always found. These images bring forth results in body and affairs which are in keeping with their character. It is essential that attention be given to this mode of thought expression, and that we learn to image or picture in our imagination only those things which we would have come to pass.

This idea of "imagining things" is regarded as a great joke among those people who are not in the understanding of

the laws of mind, but who have nevertheless read or heard statements made by metaphysicians in regard to the imagination. It is a common remark for such people to make, when referring to some adverse condition, "Oh, you just imagined it." It is vitally important that all should wake up to the fact that the imagination is one of the greatest faculties of the mind—in fact, it is so important that it might almost be called the creative power of the mind.

The third mode of thought expression has to deal with what is termed the "emotional nature," for the emotions are nothing but thoughts running riot.

Now, in "thinking as though your desire were manifest," these three modes of thought must be harmonized and brought under dominion of the Will.

In order that you may *think* as "if it were already manifest," you must learn to think, speak and write only those words or sentences that you would think, speak or write under the most desirable condition; you must form only those mental pictures or images that are in harmony with the manifestation of your good, and you must feel only those emotions that you would feel under right conditions.

Here is one of the common causes of the seeming failure to demonstrate in many cases. People will go on day after day making strong affirmations of health, peace, prosperity or happiness, and at the same time they will be holding on in their imaginations to the adverse conditions from which they desire freedom, and if they were to analyze their mental images they would find the picture or image of the old condition still active in the mentality. Then they wonder, "Why, oh, why do I not demonstrate?"

Now, as to these emotions: If you beheld your heart's desire fulfilled, what would be the state of your feelings? How would your emotional nature conduct itself?

If your greatest desire were now fulfilled, if you saw in actual manifestation that which you believe would give you great joy and satisfaction, then surely nothing could cause you the slightest sense of anxiety, fear or doubt; nor would there be the least pang of regret or disappointment.

There would be no consciousness within you of resentment, grieving, nor any disturbance whatsoever. Then, if you are conscious of any of these feelings or emotions, it is because there is something in your emotional nature that is not acting or living as if your desire were already fulfilled.

These emotions must be taken in hand and trained. In order that you may truly live or think "as if it were already manifest," you must speak (both silently and audibly) only those words, see in imagination only those pictures and give expression to only those emotions or "feelings" which you *would* speak, see and feel "if it were already manifest." When you have done this you will "see it manifest."

People make the mistake of attaching their conscious attention to things, instead of going within their minds, and there, through bringing their words, thoughts, images and emotions into harmony *with the idea of their good being already manifest*, find that good in manifestation. They will say, "Oh, I could be so happy if only I had this or that," and so they would—for a short time. But they must turn square about and realize that their peace, happiness and satisfaction are not in the least degree dependent upon outer conditions, but instead, that all outer conditions are just the result of their inner mental states. In other words, produce in your mind the state of consciousness that is in harmony with the blessing you desire to see in manifestation, and abide in that state of consciousness, and you will soon see that blessing manifest. You have at times experienced a feeling of deep peace, or joy, or satisfaction, without knowing just what caused that state. If you will carefully consider any such experience, you will find that it had nothing to do with any condition in the outer world, but that it was wholly a mental state. It was, in fact, an expression of that real and true state of Divine Mind in each one which has been termed the "Kingdom of Heaven;" for this is what the Kingdom of Heaven is—it is that high state of mind called the Spirit Consciousness, or Divine Mind—the One Perfect Mind. It is not dependent upon things or conditions of the outer, but to the one who finds or builds up in himself this state of mind

every blessing which the heart of man can desire will manifest, for these blessings *are* the outer correspondence of this inner state, and the two are in reality one. So we see that the admonition, "Seek first the kingdom of heaven and its righteousness (right thinking and right use of the law of thought) and "all these things shall be added unto you," is strictly a scientific statement, and refers to our minds and the thoughts we express.

This state of consciousness known as the "kingdom of heaven" is built out of right thoughts and right words. Just as a house must have a firm foundation in order to be lasting, so also this spiritual consciousness must have for its foundation certain fundamental ideas. Of these fundamental ideas the first and most important is this statement: "There is but One Presence and One Power in the Universe—the Good Omnipotent;" then comes the oft quoted phrase, "With God all things are possible." This statement alone has often been sufficient to enable people to make a desired demonstration, but it is especially intended for the purpose of opening the mind to the All Possibility, and thus paving the way for the bringing about of a desired end. A companion statement is this: "All things are possible to him who believes." The old adage, "Where there's a will there's a way," is right along this line. Take these fundamental ideas, and through often repeating and thinking about them let them become established in your mind as absolute convictions; then see to it that all of your words, thoughts, mental images and emotions are true to these great principles.

I have but just touched upon the borderland of a subject that is virtually without limit. It is for each individual to take up the work, and through the faithful daily study of his thoughts and words, "work out his own salvation."

The Law of Life is simple—I again quote from Mr. Brown, slightly altering his wording. It is this: "Never think a single thought nor speak a single word that you would not have made manifest in your life or the life of another; never image or picture a condition you would not have

manifest." Turn this just the other way. Think only those thoughts and speak only those words which represent Good; entertain only those mental pictures which you would see made manifest.

Constantly study your daily thoughts and words—for right here, among your common daily thoughts is your field of overcoming. Weed out every negative word, every word which means some undesirable condition. Try for one month using good, strong, positive words, cheerful words, happy words, and note the great difference which this practice will make in your mental states; for it is just a matter of forming the habit.

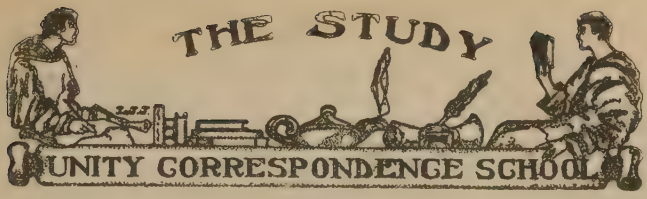
As you go on in this practice you will find your faith steadily increasing, and you shall say more realizingly each day, "My words *are* Spirit and they *are* Life; they are Truth and power; they are whatsoever I choose to name them and they shall not return unto me void, but they shall—they *do*—accomplish that whereunto I send them."

NOTHING TO FEAR

One great task is to remove this cause of fear from the race. Another is to knit together the races of men into so close a bond of fellowship that no one need fear that he will be compelled at the call of an irresponsible autocrat to slap his brother. The fear of kings, and what kings may do, shall be banished from all lands.

But another task awaits us. It is to reveal to men that there is no power on earth or in heaven that can rule the souls of men. It is to make men see that as spiritual beings they can rise triumphant over every circumstance and be master of themselves. "No harm can come to us on ocean or on shore," except such as we inflict on ourselves. Be it joy or pain, man's business is to be superior to it. Be it satisfaction or disappointment, the soul can rise superior to either.

The great message that comes with modern science is that there is no vengeance in any nook or corner of the universe. No spot in which the temple of love may not be erected.—*Arthur L. Weatherly.*



This department is open to all members of the Correspondence School, including those who have finished the course.

Exchange of ideas and power of expression are two of the benefits to be derived from a free use by the students of this monthly forum. Write whatever you think may be helpful to others who are studying along the same line with you. If you have questions to ask, send them in, but be sure that they bear directly on the lessons, or the application of the Truth in spiritual overcoming and teaching. Only pertinent questions will be considered; these will be printed in UNITY, and students are invited to send answers.

The hearty cooperation of all the students in giving their best thought for the help of others will unify all in a broader and deeper consciousness of the Christ Body, and prepare them for more effective restitution work. We shall therefore be glad to hear from you, whatever word you may wish to give.

This school is not founded in any way on commercial methods. There is a Divine Law of giving and receiving, and we keep this law, giving fully and freely, and expecting to receive in the same manner. All our compensation, therefore, comes as freewill offerings. The request is sometimes made that we set a definite price upon the lessons, but this we cannot do. Truth is priceless from a money standpoint. It cannot be bought for gold and silver. It must be given. Then the law recompenses the giver through those who receive. What one individual gives is not a standard for another. Each should give according to his faith and sense of justice. And no one should be without the Truth from an idea of lack. If you are burdened with the thought of poverty, you need the lessons to free you and help you into the understanding of God as your All-Sufficiency.

This law that equalizes and balances all things, including service and compensation, is taken up in the course and given attention as one of the vital points in spiritual understanding and demonstration.

The school is open always, and students may enroll at any time.

Address Unity School of Christianity, Correspondence School Department, Tenth and Tracy Ave., Kansas City, Mo.

REINCARNATION AND REGENERATION RECONCILED

WE ARE continually being asked by our readers, "How do you reconcile reincarnation with the idea of regeneration?" First, let us understand that reincarnation is not of Divine origin, therefore is not a reality. The All-inclusive Principle of Life, which is God, beholds the creation of itself as living substance. God never made any provision for the death or rebirth of his offspring. Reincarnation is a makeshift set into operation when man fell short of expressing his Divine Self. Had the human family, Adam, continued to receive and obey the inspiration of the Lord God, there would have been no sin and no death; and had there been no death, reincarnation would have had no place in the human experience.

Body, or manifestation, belongs to Being. It is the Holy Spirit of the Trinity, and the avenue through which God expresses himself. The wrong relation of Divine ideas in consciousness is sin, and sin brings forth death. Man is incomplete without his body, and when the body is lost in death, thought activities in the process of fruition again build their own vehicle of expression. The body thus built is not the manifestation of the original body idea of God, and has no permanent life in it until man is born of the Spirit and comes again into consciousness of himself as living, spiritual being.

The "counterfeit," or flesh body, is the product of generation, and is at birth the sum-total of the consciousness that begat it. At the reinception of the soul, which takes place at conception, parental influences begin and the character of the body is changed because of thought impressions. When man is born of the Spirit, he is given an opportunity to regenerate his body, or generate again the Divine ideas that make the perfect body. "Ye must be born again," said Jesus to Nicodemus.

The command, "Be fruitful, and multiply, and replenish the earth," was given to God's Ideal Man, and pertains to the realm of Ideas. According to the Scriptures, man was not yet formed when this command was given, therefore it cannot be interpreted to apply to flesh generation, or be used as an excuse for sexual indulgences. God blessed the "male and female," and pronounced upon them the idea of increase. The "male and female" are the procreating nucleus, the father-mother principle of each idea. It corresponds to the positive and negative elements in chemistry that fuse and make a perfect whole (one). "What therefore God hath joined together, let not man put asunder." All ideas come into manifestation and this perfect inner union would find its expression in the without, and man (male) and woman (female) be joined together so that "they are no more two, but one flesh." This union would necessarily be a spiritual one, for only in Spirit is there perfect at-one-ment.

Generation is the picture of the false ideas in consciousness regarding the father-mother principle in Being. Instead of giving the substance of his mind to the bringing forth of the eternal, deathless, Divine Self, man has attempted to perpetuate his life through flesh offspring. As a result he entertains over and over again in the family relation all souls that he has intimately touched in *thought*, until the world has become one continual round of death and birth, birth and death. This was the condition in which Jesus found the race when he came teaching the principles of regeneration, and, strange to say, this is the condition of the race in general today, though a new order of purity and harmony is gradually emerging out of the darkness of ignorance.

It is quite true that Scripture records do not show that Jesus used the *word* regeneration often, but he certainly expounded its principles. He recognized God to be the *Father* of Man, and the necessity of man being born of the Spirit before he could *enter into life*. He emphatically denounced the material marriage as a reality when he advised

the Sadducees, seeking to know which of seven husbands should claim a woman as wife in the resurrection, that when "they shall rise from the dead, they neither marry, nor are given in marriage; but are as the angels in heaven." This "rising from the dead" is the process through which every student of Truth is passing. As he ascends out of the limitations of material thought into the realization of the pure ideas of Spirit, as his native realm of Being, he becomes as the "angels in heaven," or at-one with the ideas of Divine Mind.

At this point of unfoldment man is functioning in regeneration, for regeneration is the liberation again *in consciousness* of the original ideas of Divine Mind, which in their harmonious relation bring forth a perfected, deathless body. "But," queries Thomas, "suppose one in regeneration loses his body?" Then he again comes under the provision of reincarnation, and builds his body according to his state of consciousness. Man is never without the consciousness of a body, and consequently a body would always be forthcoming.

So long as souls need a body in which to perfect themselves, just that long will the need be supplied. But let us recognize that there are purer and holier processes through which bodies may be brought into manifestation. Progression is the way of life. Perhaps the people in Truth who conscientiously object to demonstrating eternal life here and now, and so remaining always a living monument to the permanency of God's handiwork, could be utilized in giving bodily expression to these purer souls seeking a vehicle through which to perfect consciousness. And the masters in regeneration, having come into the consciousness of the original law of creation through speaking the Word, could render valuable service in ushering into expression bodies ready for habitation. There is no need of anxiety about a depopulated earth, or the feeling of lonesomeness at the thought of a childless world. Just as long as one needs a child for a plaything, or a symbol by which to grow, that need will be supplied. Thought processes are exact and

demonstrable. We call into manifestation that which we most desire or that which we antagonize.

However, let us not overlook the vision of regeneration; of an earth peopled by a race of gods—men and women united in one holy purpose—transforming the earth into its original Edenic state of purity and holiness. Man's only purpose is to establish the kingdom of heaven in the earth. While this is first an inner mental process, under the law of Mind, it follows that the without becomes as the within, and man be always permitted to behold his mental children—the manifestation of his ideas.

Let us be generous in our thought toward those souls who have made "themselves eunuchs for the kingdom of heaven's sake;" who have found in God the fulfillment of their every desire. They have no quarrel with those who still prefer to cling to the ideas of reincarnation, because it apparently presents an easier way of living—an easier way for a few paces, but eventually an unsatisfactory one. There is no condemnation in the heart when one understands. "Follow thou me," speaks the Christ, of every soul.

One who has really tasted of the joy, freedom and satisfaction of living in regeneration could never be induced to enter again into the devious paths of sense, with its fluctuating joys and sorrows. The daily crucifixions in regeneration (and there are many opportunities to overcome the flesh man) become a joy and a blessing, for the devotee, with clear seeing eyes, can discern that he is laying the foundation of an eternal habitation, a building not made with hands—a glorified, redeemed body. For in this way old things pass away, and all things are made new, and man becomes "a new creature in Christ Jesus."—*I. M. M.*

"Though we travel the world over to find the beautiful, we must carry it with us, or we find it not."

No one is useless in the world who lightens the burden of it for anyone else.—*Charles Dickens.*

"WITH ALL THY GETTING, GET UNDERSTANDING"

The Following is a Compilation of Metaphysical Terms Used in Unity.

Divine Mind—The Absolute; the All-inclusive realm of spiritual ideas out of which comes only good.

Regeneration—To spiritually generate, or liberate and redeem in consciousness man's ideas of God, himself and the Universe. This includes the redemption of the body from a corruptible to an incorruptible creation.

Consciousness—The sum-total of mind, comprising thought activities of the superconscious, conscious and subconscious realms.

Superconscious—Super means above. The superconscious realm of Mind embodies those ideas having their origin in Divine Mind, and accessible to man through spiritual thinking.

Conscious—To be aware of the activities of thought in Mind.

Subconscious—Sub means under. Ideas pass through the conscious mind and continue their activities in the body, its functions and memories. The realm of this activity is called subconscious because it underlies the conscious thought realm.

Substance—That for which the thing stands and out of which it is made. The underlying reality of mind.

Spiritual—Pertaining to the Divine consciousness, characterized by the unlimited, the eternal qualities of Spirit.

Mortal—The limited, discordant consciousness built up by ideas based upon the five senses and the limited understanding of the intellect.

Materiality—The limited ideas of mortal thought about substance. Man's thought of things as they appear externally.

Principle—The foundation or fundamental elements comprising a science, but especially the unchangeable Laws of Being.

Realization—Conscious union with the substance of a thought or Word. The inner conviction of the soul of inherent Truth.

Inherent—That which is potentially a part of Being.

Being—The Omnipotent, Omniscient and Omnipresent Creative Mind.

Omnipotent—All powerful.

Omniscient—All knowing.

Omnipresent—All present.

Reality—That which is unchangeable, infallible and eternal.

Fulfillment—Complete filling full. In metaphysics, the consummation of a mind process.

Expression—The activity of ideas in Mind.

Manifestation—The bringing forth to visibility of ideas and thoughts.

Metaphysics—Above physics. Pertaining to mental and spiritual ideas and their activity in Mind.

THE GREAT DEMONSTRATION

Lesson Six, Preparatory Course, Unity Correspondence School, By A. W. ROLKER

1. *What is a demonstration?*

A change of consciousness from error to truth, from a wrong to a right way of thinking, is called a demonstration. A right way of thinking, however, includes more than the mere conscious acceptance that that in which we formerly believed is untruth, and that which now we accept is Truth. It is necessary that this belief be established in the realm of the subconscious before we can say that the demonstration has been accomplished.

2. *What is the "Great Demonstration"?*

Demonstrating eternal life is the Great Demonstration. The consciousness that despite appearances we may live eternally upon this earth, in other words, that death and funerals are unnecessary. Through maintaining this con-

sciousness we bring to bear a higher law which nullifies the false thought about life.

3. *What place has "consciousness" in demonstrating?*

It is the very foundation of demonstration. Until the consciousness is established as thoroughly as outlined in the answer to question Number 1 it is not a "consciousness" at all. We must beware of the many little "slips" that crop up in our speech and our ways of thinking, while we are trying to overcome this wrong consciousness. Each one of these tend to make void the effect of benefits derived by conscious affirmation. Not until we have eradicated the last subconscious taint of error can we say that we have established a proper consciousness of Truth.

4. *What is the Absolute?*

God is the Absolute, the unrelated, the Infinite, the limitless. To connect with it we must let go of all selfishness and personality. We then regard ourselves as constituting the instrument through which God does his work. We give over our desires to him. Briefly, we make ourselves one with the great purpose which God has in his creation.

5. *What is the cause of death?*

The cause of death is sin, which is nothing but willful disobedience or else a disobedience due to ignorance, for in either case the effect is the same. We sin as much through not realizing the possibilities that are ours as the offspring of God, as we do by deliberately ignoring these possibilities. In the latter case, *sin* is called the *devil*. "The wages of sin is death."

6. *What is sin?*

Sin is falling short of demonstrating our Divine nature. It is failure to take advantage of the possibilities which God has given us as his Sons. To have been given the possibilities of eternal life here upon earth and then not to know enough to realize these possibilities is a sin. Similarly, not to take advantage of Infinite Love and Wisdom and the other God-

faculties in us is a sin, the penalty being that we cannot connect or grasp or gain that which we do not claim.

7. *What is the meaning of the "devil"? What other names are given him? Is there a personal devil?*

When man rebelliously or willfully fails to grasp the God-faculties in him as his own, this sort of sin is referred to as the "devil" or "adversary." This is in contradistinction of sinning through ignorance. There is no personal devil. This is nothing but an adverse state of consciousness which has been developed in man, and which keeps on prompting him along the lines of the character which he has given it. The devil might be explained as being operative only through the fact that certain error thoughts which have been established continue to go along thinking and suggesting their thoughts of themselves. "Carnal mind," "Old man," "Personal consciousness," are other names given to this "devil."

8. *Where does the adversary get his power?*

The adversary gets his power from man only. We have been given free power and free will, and we have misused this for personal and selfish purposes, instead of for creation in general. This has established an adverse state of consciousness, which continually prompts to the misuse of our gifts and faculties for personal and selfish ends, instead of throwing them in with the purposes of the Absolute. All the misery in the world is caused by this adverse state of consciousness. Being built up on selfishness, it *is* selfish and it lies to us, trying to make us believe that it is ourselves, so that we will forget we are "Perfect in the Father." If it cannot do anything else it begins to accuse us, therefore the adversary is also known as the "accuser."

9. *How is the accuser overcome?*

The accuser is overcome by coming into the consciousness that it is a liar and a cheat; that it is the result of our own error thoughts of the past and that it is a separate and distinct entity from ourselves and is not ourselves, who are "sinless and perfect Sons of God." One way of over-

coming the accuser is to deny his existence, and therefore his power, and at the same time affirm our own absolute, unassailable perfection.

10. *What is the Christ righteousness?*

The consciousness that we are the literal children of God and all that this implies is the Christ righteousness. We are inherently perfect. We may have made ourselves appear imperfect through ignorance, but perfection exists in us and we need only to claim it in order to manifest it. Once we get into the consciousness that our real self is the same Real Self that existed in Jesus, and that this same Real Self exists in every man, then we have attained the Christ righteousness. Sin will cease to have dominion over us, for the only power that sin has over us is our belief in it.

11. *What deceptive thoughts concerning life does the adversary give to the race?*

The adversary says, "Ye shall not surely die." He tries to make us think there is no relation existing between sin and death. He tells us that death is inevitable, a law of nature, and that the sinless die as well as those that transgress. It is this belief that robs people of life eternal here upon earth. To overcome this error and attain to everlasting life here and now, without going through the transition called "death," it is necessary to eradicate the belief founded upon the promptings of the adversary and to attain the Christ consciousness, that we are Sons of God, filled with his own eternal Life and that it is his will that we should demonstrate perfection in body.

12. *What place does reincarnation fill in the experience of men?*

Reincarnation is not a part of God's plan of Creation and ultimate destiny of man. It gives to those that have failed in their various earth-lives further opportunities to make good. Resurrection, not reincarnation, is the goal which we all will have to reach. Once we have been thoroughly resurrected reincarnation will cease.

13. *What is the resurrection?*

Resurrection consists in raising spirit, soul and body into the perfect Christ consciousness. This means that the subconscious, as well as the conscious realm of mind, must be permeated completely with the Truth that we are Sons of God; that not only our spirits, but our souls and our bodies are in the Spirit. This sets aside the "law of sin and death" and makes dominant the law of "the Spirit of Life in Jesus Christ." It removes, in other words, the cause of death and substitutes the cause of eternal life. It is necessary to bear in mind, however, that the *whole* man, spirit, soul and body must be raised into this consciousness.

14. *How does salvation come to man?*

Salvation comes to man as a *free gift* from God, not through "works of righteousness done by man." The law is here, ready to be used by all that care to use it. Man must cultivate Faith in the law, in the knowledge and power that comes to him through Jesus Christ, through merging his outer consciousness into the inner and higher one. At the same time he must work to bring the demonstrations of his new knowledge into effect in his life.

15. *What has man to do with the work of salvation?*

He must put off the old error ideas of the flesh as reality and take full advantage of the law of the Spirit of Life in order to reap its full benefit and attain salvation. He must build up his faith by meditation and fervent demand for enlightenment; must deny all false appearances and must act and feel exactly as if the law of righteousness were already in fulfillment.

16. *What is the first step in putting off the "old man" and in putting on the "new man"?*

The first step is expressed in the quotation, "Reckon ye yourselves to *be dead unto sin.*" The second step is to grow into the consciousness of having "*Risen with Christ.*" This means to impress upon our consciousness and subconsciousness the fact that we are *now* in the spiritual body which Christ had after he was risen. In other words, the body is

free from the limitations of death or decay. This, of course, includes the consciousness of Christ Perfection in all respects, briefly, the Christ freedom.

17. *What is the "law of sin and death"?*

The "law of sin and death" is the Adam consciousness—a belief in limitation and judging by appearances; a belief in thinking or assuming that the body is matter, subject to certain inevitable laws, and failing to recognize and to impress upon it that it is the temple of the Living God, imperishable, pure Spirit; for our bodies are built according to our thoughts and if these are based upon corruption, decay and corruption will inevitably ensue.

18. *What is "the law of the Spirit of Life in Christ Jesus"?*

The "law of the Spirit of Life in Christ Jesus" is the Christ consciousness. A conscious and subconscious conviction that our bodies are *not* what they appear, but that they are living, Spirit, imperishable, self-renewing, eternal. By holding to the Truth our bodies are built of Substance bearing the characteristics of pure Spirit, incorruptible and everlasting, and subject only to the laws of Spirit itself, the Word is made flesh.

19. *How is the body given the benefit of salvation?*

By awakening consciousness in the various parts of the body. Man in his ordinary state speaks and thinks only from the head. His entire body is an aggregation of ideas of intelligence to which he can talk and which he can awaken so that it will respond. In this way the head, the feet, the various internal organs or any other part of the body can be communicated with. The entire body should be awakened to consciousness in this way, and should be talked to and informed as to the Truth that it is Spirit, incorruptible, everlasting and self-renewing.

20. *Where is the River of Life? How do we come into consciousness of it?*

The River of Life is within man, but he does not know this nor is he able to have it manifest in him until the Spirit

within has quickened him. Merely to know that this River of Life exists or to believe that it exists is not sufficient. It must be actually felt so that the consciousness receives it. Once the Christ righteousness has opened the way this River flows freely and steadily, giving energy, intelligence and vitality which renews and forever keeps renewed body, soul and Spirit.

MARY HATH CHOSEN

The one thing needful is, not that all your affairs shall work out just as you have planned, but that you shall become established in the Truth, poised and centered in your indwelling Christ, all your God-qualities brought into expression, your character or true Self built up and strengthened in your consciousness, and the very life-fluids and forces of your mind and body lifted up and redeemed. Thus you shall become in the outer the same perfect, spiritual being that you are in the inner, to the end that you may be preserved whole and entire in Christ; Spirit, soul and body being unified. To seek these things of the Spirit is to seek *first* the Kingdom of God and his righteousness; then all outer things that are needed *will be added* unto you, and you will be given the desires of your heart.

Compare and see how much of your time you really spend in seeking God and his righteousness, and in meditating on the Truth, and how much in seeking and praying for the, what appears to you, right adjustment of affairs in the outer. "Martha, Martha, thou art careful and troubled about many things: *But one thing is needful*: and Mary *hath chosen* that good part, which shall not be taken away from her" (Luke 10:41, 42).

The Spirit has made so clear to us that these outer things and conditions are of little moment, compared with the things which are eternal. They are simply being used to teach us to develop our God-given understanding and dominion that we may rise above them; then they adjust themselves easily and quickly. When we see their transitoriness and are no longer moved by them, they pass away.

SUNDAY LESSONS

Sunday, November 25

INCREASING THE LIFE STREAM.—John 5:1-15.

1. After these things there was a feast of the Jews; and Jesus went up to Jerusalem.

2. Now there is in Jerusalem by the sheep gate a pool, which is called in Hebrew Bethesda, having five porches.

3. In these lay a multitude of them that were sick, blind, halt, withered.

5. And a certain man was there, who had been thirty and eight years in his infirmity.

6. When Jesus saw him lying, and knew that he had been now a long time in that case, he saith unto him, Wouldest thou be made whole?

7. The sick man answered him, Sir, I have no man, when the water is troubled, to put me into the pool: but while I am coming, another steppeth down before me.

8. Jesus saith unto him, Arise, take up thy bed, and walk.

9. And straightway the man was made whole, and took up his bed and walked. Now it was the sabbath on that day.

10. So the Jews said unto him that was cured, It is the sabbath, and it is not lawful for thee to take up thy bed.

11. But he answered them, He that made me whole, the same said unto me, Take up thy bed, and walk.

12. They asked him, Who is the man that said unto thee, Take up thy bed, and walk?

13. But he that was healed knew not who it was: for Jesus had conveyed himself away, a multitude being in the place.

14. Afterward Jesus findeth him in the temple, and said unto him, Behold, thou art made whole: sin no more, lest a worse thing befall thee.

15. The man went away, and told the Jews that it was Jesus who had made him whole.

Silent Prayer: *The Christ I Am quickens and heals me.*

Jerusalem is the spiritual center in consciousness. A feast in Jerusalem is a receptive state of mind toward all

spiritual good. Jerusalem means "the city of peace." When we get deep down into the silent recesses of our souls we realize a stillness and sweetness beyond expression. There is a great peace there—the "peace that passeth understanding," and a welling up of an indescribable substance that fills the whole being with satisfaction. This is the point in consciousness where the inflow of original substance takes place. It is physically a nerve center just back of the stomach; spiritually it is the realization in the soul of the unfailing substance of Divine Mind. This consciousness of the soul makes the physical representation.

By dwelling mentally upon God as our substance, and concentrating our attention at the substance center, we can increase the substance flow to the point of appeasing hunger. The coming man will supply his stomach with food in this way, and, through this process of thought appropriation, draw into his organism all the elements necessary to its needs on that plane of consciousness.

Sheep are the most harmless and innocent of all the animals, and they represent the natural life which flows into man's consciousness from Spirit. It is pure, innocent, guileless, and when we open our minds to this realization of Spirit-life we open the gate by the sheep market.

Here is a pool called Bethesda, meaning, "House of Mercy," or "Place of receiving and caring for the sick." There are also five porches of covered colonnades. This "pool" is formed by the realization that our life is being constantly purified, healed and made new by the *activity* of mind. Physically, this is expressed in the purification and upbuilding of the blood by coming in contact with the oxygen of the air in the lungs. The ebb and flow of the waters of the pool is constantly going on, and when our minds are active all the depleted blood corpuscles are purified and renewed.

This great multitude of "sick folk," or depleted life-corpuscles, lie here near this pool under the "five porches," or five-sense limitations. The five-sense consciousness does not realize the power of *I Am* to quicken these inner func-

tions of man's organism, but lets the weak, depleted life-cells accumulate and burden its system, when a thought of the *activity* of life would, through the Divine Law, set them free from their helplessness.

It is not necessary that all the purification and renewing of the depleted corpuscles shall take place through the lungs when man understands the power of *I Am* to declare the word of activity. Jesus, the *I Am* of Spirit, did not tell the man to go down into the pool and be healed, but said, "Arise, take up thy bed, and walk." Thus we see that the work of the Spirit is not confined to physical processes, although it does not ignore them. If your lung capacity is not equal to the purification of your blood, increase it by declaring the law of *active life*. Anæmic blood may be made vigorous and virile by daily centering the attention in the lungs, and affirming them to be spiritual, and under the perpetual inflow of new life and outflow of old life the lungs will do your will.

Do not be limited by the so-called established laws of nature, or man's mortal thought, that if you have reached the age of "thirty-eight" the life current is beginning to wane—that your "sabbath," or day of rest, is setting in. It is "lawful" in Spirit to declare the perpetual activity of life anywhere, at any time and under all circumstances. Divine Life takes no cognizance of the laws that the intellect has set up for its governing. Life is ever active. It is constantly present in all its fullness and power, and it has no day of rest, or "sabbath."

Sunday, December 2

THE TRAGEDY OF LUST.—Mark 6:14-29.

14. And king Herod heard thereof; for his name had become known: and he said, John the Baptizer is risen from the dead, and therefore do these powers work in him.

15. But others said, It is Elijah. And others said, It is a prophet, even as one of the prophets.

16. But Herod, when he heard thereof, said, John, whom I beheaded, he is risen.

17. For Herod himself had sent forth and laid hold upon John,

and bound him in prison for the sake of Herodias, his brother Philip's wife; for he had married her.

18. For John said unto Herod, It is not lawful for thee to have thy brother's wife.

19. And Herodias set herself against him, and desired to kill him; and she could not;

20. For Herod feared John, knowing that he was a righteous and holy man, and kept him safe. And when he heard him, he was much perplexed; and he heard him gladly.

21. And when a convenient day was come, that Herod on his birthday made a supper to his lords, and the high captains, and the chief men of Galilee;

22. And when the daughter of Herodias herself came in and danced, she pleased Herod and them that sat at meat with him; and the king said unto the damsel, Ask of me whatsoever thou wilt, and I will give it thee.

23. And he sware unto her, Whatsoever thou shalt ask of me, I will give it thee, unto the half of my kingdom.

24. And she went out, and said unto her mother, What shall I ask? And she said, The head of John the Baptizer.

25. And she came in straightway with haste unto the king, and asked, saying, I will that thou forthwith give me on a platter the head of John the Baptist.

26. And the king was exceeding sorry; but for the sake of his oaths, and of them that sat at meat, he would not reject her.

27. And straightway the king sent forth a soldier of his guard, and commanded to bring his head: and he went and beheaded him in the prison,

28. And brought his head on a platter, and gave it to the damsel; and the damsel gave it to her mother.

29. And when his disciples heard thereof, they came and took up his corpse, and laid it in a tomb.

SILENT PRAYER: *The Spirit of Purity in Christ saves me from the dominion of sense.*

Herod represents sense consciousness. He rules on the plane of mortality. If allowed full rein, he kills out the repentant and redemptive state of mind, represented by John the Baptist, which is beginning its ministry of change and purification in soul and body. The object of this lesson is to show us the various steps that lead up to the tragedy of sense dominion.

In regeneration there is a quickening of the whole man. The life flow is especially increased, and every function

connected with it is stimulated. This is represented in the lesson as Herod at a feast, at which he was evidently intoxicated. People who are naturally egotistical and domineering develop these qualities in a larger degree under the impulse of the new life current. Unless the meek and lowly frame of mind recommended by Jesus is adopted such people lose their heads, and go farther in their rash egotism than they anticipate.

Herodias represents the feminine side of sense-thought. It resists the accusations of licentiousness by John, the purifier, and schemes to have him put entirely out of consciousness. The daughter of this one, who dances before the king, is sex-sensation. The king is so pleased with her performance that in his ecstacy he is willing to give anything she asks, even to the half of his kingdom. Then, under the suggestion of her mother, the head of John the Baptizer and purifier is requested to be brought to her on a charger. The king then sees what the giving up to his lust ecstacy has led to, and he regrets, but his oath, or thought-word, has gone forth and it cannot be broken. The next step is the cutting off the head, or higher understanding, and its inanimate skull descends to the sensuous nature and is lost in mortality.

This is a true history of thousands, who, immersed in the desires of sense lust, refuse to change their habits when the regenerative process begins. Generation and regeneration are diverse. Those who live under the law of generation give up their kingdom to their progeny and die. Those who come out of this Egypt conserve their substance and transmute it through thought to spiritual energy, which is the foundation of the new body in Christ. Through this conservation and control of the Divine Life and Substance they finally attain the kingdom of God, and sit on the right hand of the Father with Jesus Christ. This is not to be accomplished by an outside deity, but is a work that goes on in the individual. "To him that overcometh," is the oft-repeated promise of the Holy One in Revelation.

Strength and power and purity come to the soul through mastery of its passions and appetites, and in no other way.

SUNDAY, DECEMBER 9

THE GREATEST DISCOVERY—CASTING OUT EVIL.

I Peter 4:1-11.

1. Forasmuch then as Christ suffered in the flesh, arm ye yourselves also with the same mind; for he that hath suffered in the flesh hath ceased from sin;

2. That ye no longer should live the rest of your time in the flesh to the lusts of men, but to the will of God.

3. For the time past may suffice to have wrought the desire of the Gentiles, and to have walked in lasciviousness, lusts, winebibbings, revellings, carousings, and abominable idolatries:

4. Wherein they think it strange that ye run not with them into the same excess of riot, speaking evil of you:

5. Who shall give account to him that is ready to judge the living and the dead.

6. For unto this end was the gospel preached even to the dead, that they might be judged indeed according to men in the flesh, but live according to God in the spirit.

7. But the end of all things is at hand; be ye therefore of sound mind, and be sober unto prayer:

8. Above all things being fervent in your love among yourselves; for love covereth a multitude of sins:

9. Using hospitality one to another without murmuring:

10. According as each hath received a gift, ministering it among yourselves, as good stewards of the manifold grace of God;

11. If any man speaketh, speaking as it were oracles of God; if any man ministereth, ministering as of the strength which God supplieth: that in all things God may be glorified through Jesus Christ, whose is the glory and the dominion for ever and ever. Amen.

SILENT PRAYER: *Almighty Father! Help us to realize that there is no reality or power in evil, because thou art good, and thou art all.*

The question is often asked, "What is the greatest discovery of the twentieth century?" Among the many answers we fail to have seen the true one, "The greatest discovery of all centuries is the discovery of the power of thought." The importance of this discovery is slow in reaching the external realms of human consciousness, but it is

gradually getting there. Mesmer dicovered that one mind could control another, or one man's will that of another. Human ignorance ridiculed him, as it always does those who think beyond accepted standards. His discovery has been resurrected and named hypnotism, and the experiments in this field will convince anyone of the formative power of thought on the body. Both in Europe and America the medical schools have finally accepted that it is a power beyond their comprehension. Subjects are paralyzed, blistered, made insensible to pain and in hundreds of other ways moved to manifest the absolute control of the body by the thought.

There are also the many occult researchers who are experimenting with thought and its laws. They have photographed thought vibrations in anger, fear, sorrow, etc. Mental Science is proving the power of thought as a healing agent. Then the chemists are demonstrating the power of thought on the cells, tissues and salts of the organism. For example, an analysis of the perspiration of a man in melancholy mood is found to be entirely different from one in a happy state of mind.

Thus in many fields of research this great discovery is being demonstrated. It is so universal and so complex that the accepted schools of intellectual science have failed to grasp it. It has not yet been tabulated and classified by them. But it will eventually dawn upon all men that the greatest discovery of any age is the power of thought.

Thought is that process in mind by which substance is acted upon by energy, directed by intelligence. Thus three factors are involved in every thought—substance, energy, intelligence. Spirit is not thought, but lies back of thought. Thought is the movement of ideas in mind.

It is found that one of the laws of thought is that of like attracting and acting upon like. "Birds of a feather flock together." So kindred thoughts gravitate together by a law divine and universal.

The apostle recognizes this power of thought in one who has overcome, and he says, "Arm yourself with the

same mind." We are powerfully moved by a strong mind that has suffered and triumphed. When we understand this law of thought to lift up all that harmonizes with it we see how the triumphs of Jesus Christ have formed a mental battery, that lifts to higher states all those who align themselves with him.

The cry goes up continually from sin-sick souls everywhere for help, yet this mighty power, always right at hand, is overlooked. The simple prayer, "O Mind of Christ, enter into my mind," will open the way. Then ask for spiritual understanding. Then affirm that you *have* understanding. "Pray believing that ye have received and ye shall receive."

There are many thought atmospheres in this realm in which we live. Two grand divisions are recognized by Christian writers, viz: the Gentile thought and the Israel thought. The Gentile thought is the outer, the senses; and the Israel thought the inner, the spiritual.

The will of the outer realm is described in verses three and four. When we change our thought center from self to Christ, the lusts of the Gentile realm lose their hold upon us and a new state of mind begins.

"The dead" in Scripture always means those who are unconscious of Truth. "The quick" are those who are just awakening, but not yet in the light. The Truth itself is the "judge."

The Word of Truth, or "God-spell" is silently and audibly spoken to this man without understanding, or "dead," and he begins to "live" according to the Spirit.

The "end of all things at hand" is the dissolution in mind of that realm that believes in the reality of material things and conditions. When the Truth enters the consciousness a great change begins in our viewpoint. The reality of body and its environments gradually dissolves in thought and we see the end of earth. Then our minds become truly "sound," and we are sober and prayerful.

When man even faintly realizes the love of God he begins to love his fellow men. There is a "fervent love"

among Christians that is not found among any other class of people. The Methodist love-feast, when from the Spirit, was a divine ordinance, and those who let the love of God pour itself out in charity do truly cover and forgive a "multitude of sins," not only in themselves but others.

Christian generosity is proverbial the world over. When Truth and love enter the soul, "hospitality one to another without grudging" is always in evidence.

SUNDAY, DECEMBER 16

HEALING THE SENSES.—Luke 17:11-19.

11. And it came to pass, as they were on the way to Jerusalem, that he was passing along the borders of Samaria and Galilee.

12. And as he entered into a certain village, there met him ten men that were lepers, who stood afar off:

13. And they lifted up their voices, saying, Jesus, Master, have mercy on us.

14. And when he saw them, he said unto them, Go and show yourselves unto the priests. And it came to pass, as they went, they were cleansed.

15. And one of them, when he saw that he was healed, turned back, with a loud voice glorifying God;

16. And he fell upon his face at his feet, giving him thanks: and he was a Samaritan.

17. And Jesus answering said, Were not the ten cleansed? but where are the nine?

18. Were there none found that returned to give glory to God, save this stranger?

19. And he said unto him, Arise, and go thy way: thy faith hath made thee whole.

SILENT PRAYER: *By thy cleansing Spirit I am purified and healed. My eyes, my ears, my entire consciousness, have I given to thy restoring power.*

We are all on the "way to Jerusalem," the "city of peace." We are trying to reach it by various roads, but there is but one "way"—the way of a perfectly rounded character according to the Divine standard, which we term the "Christ way."

The *I Am* (Jesus) is on the way with his disciples, or faculties, to Jerusalem, and passes through the midst of

Samaria and Galilee. Samaria means intellectual perception, and Galilee, life activity.

The truth that there is but one Being and one Source for all that appears, is first an intellectual perception in the realm of consciousness, then it is carried to the next plane of manifestation, which is the active life in the organism. Here are met "ten men that were lepers, which stood afar off."

Leprosy is a disease of the skin and is used as a symbol of the external aspect of life as separated from the Great Central Source—"stood afar off." Ten refers especially to the manner in which the One life manifests in the senses. There are five senses but ten avenues of expression. There are two eyes, two ears, two nostrils, two sides to the mouth and tongue and two sets of sensory nerves, one on each side of the body. Each of these has a certain personal identity delegated to it by the *I Am* and is referred to as "men."

There is a difference between the right and left eye of every individual, no two ears are alike, the two sides of the nose are different in their form and capacity to detect odors, and the two sides of the mouth vary greatly in their ability to masticate and taste food. Some people masticate and taste their food wholly on one side of the mouth, and thus unconsciously develop the muscles of that side until their faces have a lop-sided appearance.

When the new life rushes into consciousness and the inner man perceives its swift vibrations he finds that these ten avenues of expression in the body are sadly deficient in life force. They are leprous, and have been gradually losing their vitality. The eyes are weak, the ears dull, the fingers stiff, etc. All this is changed when the *I Am* declares the law of Omnipotent, Omnipresent Life, and the Ten are healed.

"Go show yourselves unto the priests." The priest stands as the connecting link between mortal man and God, and to "show yourselves" unto the priests means to make this connection absolute in consciousness. Then "as they

went they were healed." It is in the *doing* of these things that the healing is demonstrated externally. "Faith without works is dead."

Of the ten but one returned to give thanks, means the realization that these ten avenues of expression are after all but One. They are fed by the One Great Law, and all that they are they owe to this mighty One.

THOSE WHO WOULD HAVE MUST GIVE

What would you think of a rose that would say to itself, "I cannot afford to give away to strangers all my beauty and sweetness. I must keep it for myself. It is wasteful extravagance to give these things away"? But behold, the moment it tries to store up, to withhold them from others, they vanish. The fragrance, the beauty do not exist in the unopened bud. It is only when the rose begins to open itself, to exhibit its petals, to give its secret, its life to others, that its beauty and fragrance are developed.

So selfishness defeats its own ends. He who refuses to give himself for others, who closes the petals of his helpfulness, and withholds the fragrance of his sympathy and love, finds that he loses the very thing he hoped to gain. The very springs of manhood dry up. His finer nature becomes petrified. He grows deaf to the cries of help from his fellow-men. His tears are dried up, and he stares at misfortune without wincing.

Refuse to open your purse, and soon you cannot open your sympathy. Refuse to love, and you soon lose the power to love. Your affections are paralyzed, your sympathy atrophied from disuse, and you become a moral cripple. But the moment you open wide the door of your narrow life, and like the rose send out without stint your fragrance and beauty upon every passer-by, whether peasant or millionaire, you begin to develop a marvelous power.—*Marden.*

"The prayer of faith shall save the sick, and the Lord shall raise him up."—James 5:15.

SOCIETY OF SILENT UNITY

"Be still, and know that I am God."

INSPIRED BY THE SPIRIT OF TRUTH

The Society of Silent Unity is the Absent Healing Department of the Unity work.

It has members everywhere, and helps them in every need of life.

You can become a member of this Society and receive its help, if you have faith in the power of God.

We will pray to the Father in secret and he will reward you openly. This promise is being daily fulfilled in this work.

Our temporal needs are met by the freewill offerings of those to whom we minister. "Give, and it shall be given unto you, full measure, heaped up, pressed down and running over."

All letters are confidential.

UNITY SCHOOL *of* CHRISTIANITY
SILENT UNITY DEPARTMENT
Tenth Street and Tracy Avenue, Kansas City, Mo.

CLASS THOUGHT

November 20 to December 20, 1917

Held daily at 9 p. m.

Giving Thanks Unto Thee continually for Health, Harmony, Wholeness.

PROSPERITY THOUGHT

November 20 to December 20, 1917

Held daily at 12 m.

Mindful of Thy Bounty Always, no Thought or Appearance of Lack can ever be.

THOUGHTS FOR DAILY MEDITATION

The following are the texts to be used by the Silent Unity workers at Kansas City, Missouri, in the 10 a. m. Silence from November 16th to Decmber 16th, 1917:

November 16th to December 1st—Luke 1:46-48: "My soul doth magnify the Lord, and my spirit hath rejoiced in God my Saviour. Behold, from henceforth all generations shall call me blessed."

December 1st to December 16th—II Corinthians 2:14-15: "Thanks be unto God, who always leadeth us in triumph in Christ, and maketh manifest through us the savor of his knowledge in every place. For we are a sweet savor of Christ unto God, in them that are saved, and in them that perish; to the one a savor from death unto death; to the other a savor from life unto life."

EXTRACTS FROM LETTERS

These extracts are from letters that Silent Unity has written to those who have asked our help in finding and obeying the Divine Law of Life. There is a point in every paragraph that will help someone.

I believe the Bible and it seems to me that your teaching contradicts the account of the Transfiguration, Christ's words to the Sadducees, the words of Paul to the Thessalonians, as well as many other plain statements that have been the comfort of countless souls, grieving as I grieve for the sight of their nearest and dearest ones. Two of the great teachers of New Thought write with faith of a higher life beyond this. Perhaps my strong feeling on this point has prevented me from receiving the help for which I have asked your prayers, but I cannot change it.—* * *

Your objection to our teaching evidently arises from misunderstanding what we mean by the term "death." No doubt you think we mean annihilation, but we do not. As a result of sin, the human race is already in a dying condition, which always finally ends in the loss of the body. It

is not annihilation, because a resurrection has been promised; but it is death. This point is explained more fully in the booklets, "Attaining Eternal Life," and "Comfort Ye My People."

Man is threefold in his being, and absolute salvation can come only through redeeming the whole man—Spirit, soul and body. All who have lost their bodies will have to return to earthly conditions and build others, through which to take up the problems they left incomplete. This process is called "reincarnation," and will be continued until soul and body are unified and spiritualized.

You mention "comfort" in regard to separation from the form of individuals. Would it not give you more comfort to know that your loved ones will again be given an opportunity to express and demonstrate the Truth, as taught by Jesus Christ, here on this earth, than to consider the uncertainty of a salvation through death? You will be again united with those you love, but it will be right here. Whether or not you will recognize them when they come to be associated with you the next time, will depend entirely upon your study and spiritual development. The reason you love your dear ones is because you have been associated with them in former earthly experiences or lives.

Briefly, as could be stated in a letter, the facts about reincarnation present themselves to us thus: Sin came into the world and death by sin. The work of Jesus Christ is to overcome sin and its consequences, death. Reincarnation is simply a makeshift while men continue to die. The law is that they shall be righteous and live. Reincarnation gives men repeated opportunities to learn the law and keep it. The important point is not, therefore reincarnation, but the overcoming of death.

Every chapter and every verse in the Bible pertains to some definite phase of overcoming, which takes place in the consciousness of each individual, in the growth from "glory to glory" in the spiritual life. As a history of many the Bible is variously interpreted. As a symbolical picture of one individual and his overcoming, it has one interpretation.

REFERENCE ONLY
UNIVERSITY OF CHICAGO LIBRARY

Although we believe there is an outer meaning to all Scripture, and the events and conversations no doubt really occurred, however everything in the outer originates first in an idea, and since these ideas are more important in our own overcoming, we give the Bible incidents an individual interpretation and application.

Moses symbolizes in the individual a discernment of the spiritual Law. Elias, or Elijah, typifies the great zeal of the individual to do the will of God. This generally appears at the time of the so-called "conversion" of the individual. Then comes the desire to cleanse the mental realm (the thoughts). This is the "John the Baptist" state of consciousness; yet, "he that is least in the kingdom of heaven [spiritual consciousness] is greater than he." Jesus Christ is this spiritual consciousness, which must be attained before complete salvation can take place.

The Mount of Transfiguration is the high spiritual consciousness where, through the indwelling Christ, the individual becomes conscious of God. In Matt. 17:10-14, it is explained that the zeal and will (Elias) to do the "works of the Father," and the mental cleansing (John the Baptist) are both fulfilled in the Jesus Christ consciousness. "Elias is come already, and they knew him not, but have done unto him whatsoever they listed. Likewise shall also the Son of man suffer of them [the thoughts and forces]. Then the disciples understood that he spake unto them of John the Baptist." Given an outer interpretation, this definitely states that Elijah was reincarnated as John the Baptist.

By "Christ's words to the Sadducees," we presume you refer to those recorded in Matt. 22:23-33. These verses are given to show that the old Mosaic Law is fulfilled in Jesus Christ. Moses gave two laws to the people. They would not accept the first one, because they were not willing to give up the things of the flesh; so he gave them a "moral" law, pertaining to the conditions they refused to give up. Jesus taught that this "law" was not sufficient to attain salvation; that they must be "born again"—born of the Spirit. To be born again is to resurrect the old, dead

error thoughts, and teach them the Truth. At that time the Sadducees married for the gratification of "lust," and in the individual overcoming they are representative of "lust thoughts." In the 30th verse, Jesus explains that in the resurrection this "lust" (marrying) must be done away.

Given an outer interpretation, these verses carry the same message; that a marriage certificate is not a license for "lust;" that in the "resurrection" all lust must be done away with by the married as well as the unmarried, and all must be as pure in thought and act as the "angels of God in heaven." For, "God is not the God of the dead, but of the living," showing death is not God's will for man, and that man does not become conscious of God, or enter into a "higher life" through the avenue of death.

In the 4th chapter of I Thessalonians, Paul is teaching that all men must be redeemed before absolute salvation takes place, and the kingdom of Heaven is established in the earth. The same is true of the individual. "We which are alive," are the spiritual thoughts; and the "dead in Christ," are those thoughts which have not yet been redeemed. These thoughts must be spiritualized first, before we can be "caught up together with them in the clouds, to meet the Lord in the air [high, spiritual place] : and so shall we ever be with the Lord [in heaven—absolute harmony]."

You strike the keynote when you say that your own attitude in this matter has prevented you from demonstrating Truth. "As a man thinketh in his heart, so is he." Thoughts form conditions that correspond with their own character. "Grief" is destructive, and believing in a salvation after death puts all your good off to some future time. Giving your thoughts to "memories" of the past wastes your substance. The "past" and the "future" are the two "thieves" which were crucified on the cross with Jesus.

Peace, health and abundance are yours by Divine birthright. You can be "transformed through the renewing of your mind." Paul gives the exact word for your special need. Enter into realization of this true prayer:

"One thing I do, forgetting the things which are behind, and stretching forward to the things which are before, I press on toward the goal unto the prize of the high calling of God in Christ Jesus."

* * * * * *

Jesus Christ is our pattern and example, and his teachings would naturally have much more weight with us than the words of any of his apostles. The quoted text, "Pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly," would surely show that even though James suggested that the sick call the elders of the church, it would not do away with their going direct to God and realizing the Truth for themselves.

If James referred to an outer body of believing people when he said "church," this could not refer to the ordinary sects and denominations of today, for the "elders" in them do not believe in healing through faith in Jesus Christ. The "church" is the spiritual or Christ Consciousness, and it is first established within the individual who recognizes and realizes the Truth. Each one who knows and practices the Truth is also a member of the outer Christ Body. You can call upon one of these outer "elders," as you have upon us, to pray with and for you the "prayer of faith," or you can go within to your own inner Christ Power, Love and Life (the elders of the Christ Consciousness or Church within you) and through them be filled with the Spirit and healed.

Read the many promises of Jesus Christ regarding the things you can do through faith. Know that his words are true, and in some way all the other teaching of the Bible must, in the light and understanding of the Truth, be made to harmonize with the Christ teaching. You know he said, "If a man keep my saying, he shall never see death" (John 8:51).

Remember that "all things are possible with God," and "all things are possible to him that believeth." "*All things*" mean health and every good.

* * * * * *

You say you want us to heal you and then you will be

fully convinced of the presence of the Lord. The truth of the matter is that it is God who does the healing. We speak the Word through which God expresses his perfection. You must first know and realize God's Presence, then you can be healed. You cannot be healed first and have the healing cause you to know God afterward. That would be making the effect precede the cause. "The natural man receiveth not the things of the Spirit of God; and he cannot know them, because they are spiritually judged." The cause (God) must come first into consciousness, then the effect (healing) follows. To come into the consciousness of God as omnipresent, and your oneness with him is to be born of the Spirit. Through mind you understand God (Divine Mind).

* * * * * *

We do not demonstrate for specific outcome in personal matters, neither do we pray "against army conscription." We hold the thought for protection, safety and guidance into that which is for the highest good of the individual.

You have yet to learn the lesson of nonresistance. Do not take a personal view of the situation, but become a willing channel through which the Father can work. By your being a Truth student, perhaps he has a special work for you to do at the front, but if you keep resisting even the *thought* of war, you hinder the working of the Spirit in your behalf. Deliverance comes to those who set their love on God, and who will say, "Not my will, but thine be done."

There is other work to be done than taking the consciousness of life from your fellow men, and you can be protected from doing evil or receiving evil, even should you go to the front. The Law of God, which is Love, transcends the law of men, and the trusting soul is preserved by it.

Unify yourself with the Infinite God. Declare that you not only possess Love, but you express it. Then feel and consciously direct it toward your fellow men, and as you love them all, they will hasten to bless you with equal love. Thus you will be surrounded by the All-encircling good which fills you and protects you from all evil. This love

(protection) that God gives you is limitless, eternal, *sure. It never fails.*

Read the 91st Psalm often, and join with us in this prayer: "Infinite Love and Wisdom enfolds me within and without, protecting me from all harm and guiding me into that which is for my highest good. I am housed in God; therefore no evil can come nigh me; I am kept in peace and safety."

* * * * * *

Is it essential to eliminate meat, eggs, fish and some vegetables from the diet and adopt a fruit, bread and nut diet? Is a moderate use of tobacco detrimental?

We advocate a vegetarian diet for all because we believe it to be for man's higher good. It is not mentally, morally, physically nor spiritually uplifting to man to take the consciousness of life from his fellow creatures—the animals—nor cause others to take it that he might have their dead bodies for food. All the good that is in flesh-food can be had first-hand from the vegetables, fruits, grains and nuts upon which the animal feeds, and by eating these one does not take into his system that which is in a certain stage of decay. The flesh of the animal being killed is stamped with all the fear and anger thoughts which are liberated in man's organism to his detriment. We do not, however, seek to coerce anyone into becoming a non-meat-eater, but leave it to you to decide as to what is for your highest good.

Tobacco, alcohol, coffee, tea and spices of various kinds are stimulants, and are not nourishing or upbuilding to the system of man, therefore are injurious. True satisfaction and freedom from every error thought and habit are to be found in Spirit—God.

* * * * * *

My nervous system became depleted as a result of excessive *solar plexus* breathing exercises. From being exceedingly slender, I have grown daily so very large that it causes me keen distress.

If one plunges into the work uprepared for it and gives an excessive amount of concentration to a single center he is unharnessing forces that only spiritual power can check. For this reason, schools which advocate "awakening the

Giving thanks unto Thee continually for Health, Harmony and Wholeness.

Mindful of Thy bounty always, no thought or appearance of lack can ever be.

solar plexus" very often find themselves getting seriously ahead of the natural order of spiritual unfoldment.

The Spirit has shown us in this work that much of the physical inharmony which the unregenerate man experiences comes from a lack of balance of the forces of the body. It is for this reason that we give much attention to the twelve centers of consciousness in the body—some needing more care than others—that they may all be harmoniously brought under the subjection and dominion of the Spirit.

Where all the centers are equalized one finds the body beautifully manifesting all the Divine Ideas which the Christ Mind holds. The work of body redemption requires careful discernment and a great deal of wisdom.

It will be very easy for you to get hold of yourself if you are faithful and persistent in prayer. It will be necessary for you to take up the other centers, aiming to establish equalization in this way. The inclosed booklet, "Questions and Answers No. 1" gives a list of them and their locations. Always think of your *solar plexus* as manifesting peace and love. Kindly join us in this realization:

"Through the mastery and dominion of the Spirit I have wisdom and power to establish balance and an equalization in all things. All my forces are now working harmoniously in my body to the glory of God."

* * * * * *

It must be the Spirit that tells me to put this little twenty-five cents in. It seems so absurd, but I am moved to do it. You will not take offense, I hope.

We are always thankful for all offerings sent to us, so we thank you sincerely for yours. Our postage stamps cost over $1,000 each month, so you can see what it would mean to us if our correspondents would always remember to inclose even a postage stamp in each letter. One way to multiply Substance is not to consider even a penny small, but to look upon it as filled with the possibilities of Spirit increase. Therefore, we bless all that we receive, and magnify it in the name of the Lord, affirming its return to the giver in running over measure.

THE SIGNS THAT FOLLOW

This department is in fulfillment of the promise of Jesus Christ, "These signs shall follow them that believe; In my name shall they cast out devils; they shall speak with new tongues; they shall take up serpents; and if they drink any deadly thing it shall not hurt them; they shall lay hands on the sick and they shall recover."—Mark 16:17, 18.

Constructive, joyous thinking creates a harmonious body. Blessing and praising the body stimulates it to greater expression of health and beauty. The body is intelligent, being made up of living ideas, and it responds quickly to our thoughts and words. It responds, not only to the thoughts we think about it, but to the thoughts we think of others. So long as we believe in evil as a reality, recognize it as a power in the lives of others, just that long will the effect of evil be pictured forth in our bodies. Every word that we speak (and a formulated thought is a word), vibrates upon the intelligent cells of the organism, imaging upon them the idea which the word represents. If the word is constructive, harmonious and uplifting the cells light up with joy; if the word is destructive, discordant and depressing the cells become dark and die, perhaps of grief. Physical scientists have discerned this "phenomenon" in cell life, and have concluded that if a balance could be struck between the dark and light cells, the body would be perpetually renewed and never die.

The student of Truth, understanding the cause of the light and dark cells to be one of thought, can so order his thinking as to bring into expression the "body of light," in which there shall be no more sickness, age or death. The mission of man is to glorify the Father, and man can offer no greater tribute to the Father than a perfected and holy (whole) body.

Many of our readers are rejoicing in an understanding

of the Divine Law governing harmonious body building, and their letters are full of thanksgiving to the Giver of all Good for freedom from inharmonious thinking and its effect—sickness, poverty and disease. The following are extracts from letters received recently from those who have been set free from bondage to error, through knowledge of the Truth:

HEALTH

Fort Dodge, Iowa—I wish to tell you of the wonderful results of your prayers for my little nephew. He had been helpless all summer with what was termed acute St. Vitus dance, being unable to talk or walk. He had every attention in materia medica, massages, etc., but nothing improved his condition and his parents lost all hopes of his ever being normal again. I kept holding the thought that God would make him free and whole, and finally wrote you for prayers. Within two days after posting the letter little J. got up and walked and talked and is now well again, astonishing those who knew his condition by recovering in such a short time.—*L. D. K.*

Bridgeport, Conn.—My husband's health is better than it has been in years. He can read the newspapers once more, and we know that his sight will be perfect. It is wonderful. I had neuralgia for over a year, lasting two and three weeks at a time, and was healed by prayer in an instant. It seemed as though something swept through my whole body and I was healed. Four years ago a growth the size of an egg came into my left breast. I went to a hospital to get ready for an operation, when it was decided best to wait until cooler weather. In October it began to pain again and the doctor said it had every indication of cancer. I came home and started to pray, and in two days every trace of it had disappeared. The doctors would not believe me, but made an examination and found that it was entirely gone. I know that God's ways are perfect ways.—*Mrs. E. P. H.*

St. Paul, Minn.—I have been wonderfully helped by your prayers, and have gained in health and strength beyond belief. Two months ago, after having been given up to die, and having made plans concerning my possessions and burial, I received an impression one morning as though God spoke and asked why I was dying. I answered, because it was impossible to live with a sagging stomach, sagging bowels, a stricture in the lower bowel and adhesions at the outlet of the stomach, as an X-ray had shown. Besides,

the doctor had said some malignant growth might come upon these diseased organs, and in that case I was anxious to go. But upon meditating upon God's will for me, I could discover no reason why it was not God's will that I be whole and well, so I began to study his Word and asked prayers of Unity. I began to grow stronger from that day, and in two weeks I was up and about, helping with light housekeeping and eating solid food, which I had not tasted for seven weeks. I read in UNITY that we could pray and receive any blessing. There were several things I wanted and could not ask my husband for until the doctor bill was paid. So I told God all about it, believing I should receive, and trusted with no thought of hurry. In about three weeks a letter came from my brother containing a draft for $30.00, the exact amount I needed. It came, not as a gift, but was what he considered due me for taking care of a nephew, for which I never dreamed of receiving money.—*Mrs. C. C.*

Kokomo, Colo.—I see the manifestation of Truth in little W. His arm is so much better that he can raise it and straighten out his fingers, and he seldom has a convulsion. Today I had a game of ball with him, while six weeks ago he lay in a stupor.—*Mrs. I. M.*

New York, N. Y.—Last January I telegraphed you for prayers in behalf of my brother, who had been placed in the State Hospital for the Insane. Several doctors pronounced his case hopeless. The second evening after my telegram was sent my mother and I sat praying when suddenly she looked at me with a changed countenance and said, "The dreadful burden has been lifted from me. I know our boy is in God's care and all will be well." We visited him the next day and found him wonderfully improved. He was able to leave the hospital in a short time, and has continued to improve ever since.—*Mrs. A. W.*

Toronto Ontario, Canada—Since writing for prayers my sister-in-law, who was blind as the result of a shock, is seeing as well as before her illness, much to the surprise of her friends and the specialist. Last Tuesday my brother was thought to be nearing the last, but on the following morning the breathing became normal, the lungs cleared and he was able to be helped into a chair and take nourishment. —*Mrs. C. L. H.*

Vienna, Ga.—Mr. M., for whom I asked prayers for paralysis, became helpless at noon yesterday so that he could not walk at all. I commanded him in the name of Jesus Christ to arise and walk and spoke other words of Truth for

him, saying, "The Power that raised up Jesus now raises you up." This morning he is walking as well as ever.—*C. M. S.*

Griffin, Ga.—One week ago my husband telegraphed you to pray for me for blood poison. In three hours the fever left and I have been getting better every day. Am up now and feeling fine.—*Mrs. E. R. B.*

Philadelphia, Pa.—I wrote to you for prayers for my husband who had been very seriously injured by being thrown from an automobile. The hospital corps gave absolutely no hope and said that if he did recover his mind would be affected. Today, thanks to God and to you for your prayers of faith, he is fully restored mentally and physically; in fact, is in better condition than before he was hurt. His recovery is certainly an evidence of the nearness of God and the power of prayer. I shall be glad to have my name and address printed so all may see and know that there is no case too hard for Omnipotence.—*Mrs. Florence L. Foulkes, 714 N. 42d Street.*

Waukesha, Wis.—I cannot in words express my deep gratitude. I have been cured, not only of cancer of the womb, but of a severe bronchial disorder.—*Mrs. P. M. S.*

Springfield, Mass.—I am still improving, for which I thank God. I can get about without crutches, something I have not done for three years.—*Mrs. O.*

Madison, Wis.—My sister, for whom I asked prayers, had been in the hospital fourteen weeks and was told when discharged that she would never walk again, as the fracture had not knitted and never would. Her physician warned her not to try to stand alone. In two weeks after asking prayers she was walking alone.—*A. B. C.*

New York, N. Y.—I wrote you some time ago for prayers for gallstone colic. I have had no recurrence of it since writing.—*Mrs. Wm. H. B.*

Mechanicsburg, Pa.—The man who had hip joint trouble in a very aggravated form is healed. My brother-in-law, for whom I asked prayers for severe pains in the back, is also entirely well.—*C. M. K.*

Detroit, Mich.—Since I wrote for your prayers for fallen arches my feet have not troubled me at all, and I have also enjoyed better general health.—*A. C. P.*

Jamestown, N. Y.—I have always had severe stomach trouble and been weak and thin. Since writing you for prayers I have improved wonderfully. My whole body is stronger.—*M. B. D.*

PROSPERITY

Chicago, Ill.—I realize that my affairs are under Divine Law. While riding across the state of Montana in a touring car I lost my purse containing every available cent I had. I immediately began to ask God for its restoration, firmly believing that it would be restored. My daughter drove back fifteen miles to a small town where we had stopped and found the purse intact where I had dropped it. —*Mrs. M. E. B.*

Seattle, Wash.—I had sent my letter for prayers asking you to wait for an offering, when my mail brought me $20, as if "rained down from heaven." I know it was the Spirit working through God's plenty.—*Mrs. W. E. D.*

Wheeling, W. Va.—Less than a week after I wrote you asking prayers for prosperity for my husband a man came to the house and offered him work where he has a chance for advancement.—*Mrs. C. L. G.*

Pasadena, Cal.—At the time I asked for prayers and the Prosperity Bank we had bills waiting to be paid, and did not know where the money was coming from, but they are all paid now. My brothers for whom I asked success have both got work.—*M. B. G.*

Redlands, Cal.—I have realized that God's Substance is the strength of my life, for I have worked fourteen to eighteen hours a day for three months, and not one night did I go to bed tired. I have had splendid results with my fruit and have been speaking the Truth to my potatoes, and am glad they are responding. I felt the work came in answer to your prayers, and have been so happy and well.—*H. N.*

Portland, Ore.—After writing you for prayers I was able to resume my position last January and have continued it every day since, depending upon God for my health, strength and power. My salary has been raised three times during the past year, and it means much to me when I know it is in accordance with Divine Law. My husband went into a new position the first of the month at a higher salary. The offer came to him from a department store where I have been spending a few minutes in silence every day, so it seemed to come as a direct answer to prayer and the realizations I had of prosperity. This did not all come suddenly. There were days and weeks and months when I could see no answer, but I made up my mind I would have faith and never waver, and it is only by looking over the past year that I can see how wonderfully I have been blessed.—*Mrs. S. H.*

PUBLISHERS' DEPARTMENT

UNITY is published on the 15th of every month by UNITY SCHOOL OF CHRISTIANITY (Incorporated) Tenth and Tracy Avenue (Unity Building), Kansas City, Mo.

Entered as second-class matter, July 15, 1891, at the postoffice at Kansas City, Missouri, under the act of March 3, 1879.

TERMS OF SUBSCRIPTION

UNITY one year, in the United States	$1.00
UNITY one year, in Kansas City, Mo.	1.25
UNITY one year, in Canada	1.12
UNITY one year, all foreign countries	1.25
UNITY, *Weekly Unity* and *Wee Wisdom*, on trial two months	.25

SPECIAL TERMS

One three-years' subscription to UNITY to any one name in United States, $2.00.

One three-years' subscription to UNITY to any one name in Canada, $2.36.

One three-years' subscription to UNITY to any one name in Kansas City, Mo., or foreign countries, $2.75.

Three subscriptions one year, whether new or renewal, when sent together, terms as above.

ALL SUBSCRIPTIONS PAYABLE IN ADVANCE.

CHANGE OF ADDRESS

When writing for change of address, please be sure to give your name just as it appears on the UNITY wrapper, and also state the old address as well as new. Subscribers are requested to send their change of address so that it will reach us before the 5th of the month. UNITY is mailed from the 12th to the 15th of each month, but as it requires several days to correct our list, we should have notice of change by the 5th. We shall appreciate having the changes of address at an early date.

ABOUT THE CORRESPONDENCE SCHOOL

Some of our readers have misunderstood the item in September UNITY headed, "Do You Want to Teach?" They have concluded that we have a course of lessons that will give them an understanding of Truth sufficient to teach it in six months' study. The import of the notice was that we could teach one the fundamentals necessary to become a primary teacher in six months if he had been a reader of Unity literature for at least one year. No one can take up the Correspondence Course without preparatory study. The "Cady Lessons" and "Christian Healing" are the best books to study as a foundation for the Correspondence Course.

The Correspondence School Course covers the written instruction of the Unity School of Practical Christianity, and is a scientific exposition of the principles of Truth as taught by Jesus Christ. Much time, thought and money have been utilized in preparing these lessons, and every earnest seeker of Truth will find them a sure foundation upon which to build spiritual understanding. Because of the consecrated attention necessary in the proper preparation of these lessons, we require that prospective students read the Unity literature for at least one year before making application for enrollment. Students of the Correspondence School are unfolding the Divine Self and fitting themselves to become teachers in the Lord's vineyard, and for this reason their study should be thorough, systematic and scientific.

The Correspondence School is not a part of Silent Unity, but an independent department. The expense of carrying on the work is met with freewill offerings, sent direct to the Correspondence School Department by the students. We ask the loving consideration and coöperation of our students in this matter.

DOING YOUR BIT

The world is in a period of transition. Nearly every nation is in conflict. War and destruction are shaking the very foundations of the world, and nothing seems permanent.

But there is one stable and unalterable thing and that is the Truth. It is quite evident that the time has come for a new race and a new earth. That time is at hand and war will soon die of its own destructive force. Then Love shall fill the hearts of all men who tread the face of this earth. But men must be shown the way to lay hold of the constructive power of love, and it is the duty of every Truth student to help his neighbor into the Light. So long as man has not the Love of God and his fellow men in his heart, war will continue. When man realizes Love as the creative force of all that truly is, then will come the Millenium.

Christmas is the immediate opportunity of everyone to place in the hands of those about him, not the useless gew-gaw which delights the eye and then becomes shabby and forgotten, not the trifle which is of the sense man, but a gift of the *true Christ Spirit.* It is a wonderful opportunity to plant the seed which will eliminate from the face of the earth and the spirit of all people the destructive, disorderly ideas which break forth in that inharmonious expression we know as *war.*

With this thought in mind we have prepared a description of books, booklets and literature which are especially fitted to be used in the capacity of gifts. Every item is neatly bound and printed on good paper. Each book is crammed full of the message of Love and Peace. If you will read the tinted section in this number of UNITY and select your gifts from it, instead of wearing yourself out with Christmas shopping, you will not only conserve your energy, but bring permanent joy to those you remember, in sending them a *live* and *vital* gift.

THE HIGH COST OF LIVING

Some of our subscribers are stopping UNITY "because of the high cost of living." One lady says she must keep up with current events and it is necessary to take a larger number of daily and weekly papers!

Jesus taught that God has set before us a great feast and that he invites us all to partake of it, but that we make

many excuses and stay away from his bountiful table. Our literature explains where this table is spread and how man may partake of the feast and be filled.

If Jesus taught the Truth we can all be supplied with necessary things of every kind if we will first seek God and his righteous law. When times grow hard then is the opportunity to partake of the great supper God has prepared for those that believe in his omnipresent substance and life, and whoever, in attempts to economize, cuts off the literature that points the way to the One Omnipresent Resource is beginning the starvation of both soul and body.

BRICK BLESSINGS

We thank you, our dear friends and coworkers, for your blessings upon the new building.

We have not yet begun the placing of the names on the walls, but the painters have marked the bricks on the two floors allotted to the blessings. Little panels with winged globes at the top, have been put on the four sides of the supporting columns. These are to contain some of the blessings. Others will be paneled, and others, framed and unframed, will make the walls most unique and interesting.

The Unity Building belongs to the Unity people everywhere. If you are one of us, put a little money into the Society's real estate.

This will be one of the blessings:

Bless the Four Corners of this House,
  And be the Lintel blest;
And bless the Hearth, and bless the Board,
  And bless each place of Rest;
And bless the Door that opens wide
  To stranger as to kin;
And bless each crystal Windowpane
  That lets the Starlight in;
And bless the Rooftree overhead
  And every sturdy Wall;
The Peace of Man, the Peace of God,
  The Peace of Love on all!

THE MOST USEFUL GIFT

You have often been told to make your gifts "useful as well as ornamental."

What is a useful gift? A short answer is: A useful gift is one that can be used in some daily activity of mind or body.

When you think of books you always think of something that will reach the mind alone.

But suppose you could get a line of books that would reach the mind and the body, and in many instances the finances?

You could not help admitting that a book of this character would be the most useful present you could give.

There are just such books, and these to which your attention is called are among them.

A continuous stream of literature has gone out from this Society for over twenty-five years, and it has come to be known as the *Unity Teaching.*

Basing our estimate on the number of letters received from our readers during the past quarter of a century, and the number who have testified that they have been helped and healed through reading the literature, we find the total to be over one million.

We are safe in claiming that in all the history of the world there is no record of a band of people having a literature that has produced such direct results in healing and helping men and women in various ways.

It is true there are schools that have through their practitioners equaled this, but not in the unaided power of the printed word.

Unity literature opens the minds and heals the bodies of people without a teacher. It even reaches people who do not read English—a few words grasped by the mind opens the understanding.

We have found the *hidden power* of the Creative Word, and we are communicating it freely to people in all parts of the world.

For this reason we call your attention to the undisputed fact that the most useful present you can make is a book that will illuminate the mind, heal the body and help the finances.

Should you hesitate a moment about what to give for Christmas when you absolutely *know* what the most useful gift is?

We print over one hundred books, booklets and tracts. The list on the tinted pages of this issue contains many of them.

YOUR ATTENTION? YES—THANKS

The above head refers to a communication to our readers in September UNITY. We there explained how the high cost of living had affected the publishing department of the Unity work and what our readers could do to prevent an increase in the subscription price of our publications. Here are some of the suggestions we made in that communication:

Some of the ways in which our subscribers can help us:

1. By renewing your subscription promptly when your magazine comes in a pink wrapper. This saves our sending a second notice.

2. By subscribing for several years in advance. This saves expiration notice and changes on list.

3. By a generous patronage of our Book Department. In selecting gifts for your friends use Unity books. The Truth which they teach will bring a lasting lesson to every reader, and those who get the light will eternally bless you.

4. When you remember that our work is conducted on the freewill offering plan, and that you are really one of the Publishing Department, you should coöperate in everything that is done for the good of the people. "Give and it shall be given unto you; good measure, heaped up, pressed down and running over."

There has been an unusually generous response to the above, and by a continuous remembrance of these seemingly small things you will make easier our way.

To the friends who have written us such good letters we are thankful, and especially to those who have joined in

the "vote of confidence" by renewing their subscriptions for several years in advance. These renewals have been from two years to fifty years! Is not a fifty-year subscription a "vote of confidence"?

Remember the new three-cent postage. We are blessing the little green men and are calling them Peace, Power and Prosperity as we stick them to the letters we send you.

TO FURTHER THE SPIRIT OF UNITY

Many requests for the names of our subscribers in various place are coming to us, the object of the writers being to get acquainted with others of like thought. It is a rule among publishers not to give out the names of subscribers, because people do not wish to be intruded upon. However, those of the same spiritual thought are often strengthened by coming in touch with one another, and for this reason we desire to help make such acquaintances. We will not give the names of our subscribers, but instead will publish the names of those who have written us for lists. We cannot grant the privilege to everybody, but to those only who we have reason to believe are sincere seekers for Truth. The following would like to meet Unity people in their vicinity:

Elmer E. Schooley, 516 K St., N. E., Washington, D. C.

F. O. Haensch, 214 S. Frazier St., W. Philadelphia, Pennsylvania.

Miss Lizzie Schilz, R. R. 5, Simcoe, Ont., Canada.

Mrs. J. C. Gaiser, 33 W. Main St., Woodland, California.

Mrs. J. B. Flack, 827 10th St., Douglas, Ariz.

Lydia M. Collins, 25 North 28th St., Flushing L. I., N. Y.

Mrs. A. K. Myers, 639 S. 2d East Salt Lake City, Utah.

J. H. Higdon, 315 East Nuova St., San Antonio, Texas.

Mrs. Emma J. Evans, 1508 N. 26th St., Des Moines, Iowa.

Mrs. Phil. Fischle, Mrs. S. W. Friedman, 1919 Tenth Ave., S., Birmingham, Ala.

Jessie McCarthy, Midvale, Idaho.

Mrs. W. F. Paine, 840 Emerson St., Saginaw, Mich.

SOMETHING FOR THE SOLDIERS

"Bill, as you go out toss this new book in the fish pond," I said to the office boy.

"Why, Royal," he pleaded, "it will ruin the binding."

"We'll take a chance on that," I replied, and turned to the matter of putting the finishing touches to the holiday section of the December UNITY. Then the kahki bound book, floating around with the fish, never occurred to my mind again until I beheld it the next morning all hung up on a wire to dry. It was soaking wet. I squeezed it into a ball to get the water all out of it and then wrung it like a rag and opened it up to see what had happened to its pretty insides. It was damp but unaffected.

No, indeed, I should not dare to do anything like that to the ordinary book. With this special edition, which has been printed with the finest of inks on elegant rag-bond paper and bound without one touch of glue or paste, it was a safe proposition.

The volume in question was the dummy of Miss Huntley's new book, "A Truth Student With the Soldiers." The book is not large. It has only sixty-four pages, and is just right to slip into a soldier's pocket. It is designed to resist the rough treatment which will come to it in a military life.

The contents concern the practical experiences of a Truth student who was called upon to do practical work among the soldiers in the early days of the great war. The book is a wonderful revelation of the powers of the law of Divine protection and guidance. It is thoroughly practical. The binding has been designed in keeping with the context.

A further description will be found in the Christmas supplement. If I were a soldier with only a sixty-pound wardrobe, and hardly room for a toothbrush, I should appreciate just such a little book which I could slip into my shirt pocket and read as occasion offered. A book which would not melt in the rain or be affected by rough treatment. There probably are many other fellows like me. For them we have prepared this book.—*Veg.*

IMPORTANT NOTICE TO SUBSCRIBERS

At the expiration of your UNITY subscription please renew at once. When a yellow blank is found under this notice, it means that your subscription expired last month. If the blank is placed in this issue your renewal should reach us before the 5th of December to avoid missing the next number. Use money order if possible; but bills or two-cent stamps may be sent at our risk.

FOR FOREIGN SUBSCRIBERS

We quite often have requests from subscribers living in Australia, South Africa, and other far distant countries, that the Silent Unity "Class Thought" and "Prosperity Thought" be given in UNITY for one month in advance. In response to such requests we give below the thought that will appear in December UNITY:

CLASS THOUGHT

December 20, 1917 to January 20, 1918

Held daily at 9 p. m.

My Christ Consciousness is Restored and with the Heavenly Host I Praise God for Peace, Harmony and Health.

PROSPERITY THOUGHT

December 20, 1917 to January 20, 1918

Held daily at 12 m.

I Am Thankful for the Realization of the Inner Riches.

The May, 1917 UNITY contained a demonstration by M. L. Sovil, of Sedan, New Mexico. So many of our readers have written him for an outline of the method used in restoring his hair to its natural color that he requests its publication in this issue of UNITY. The following is the method outlined:

"Upon retiring at night I read a small tract, title of which is "A Sure Remedy." Then I began on page 27 of the booklet, "The Subconscious Realm of Mind," reading the paragraphs relating to the hair. I gave the ideas that appealed to me my deepest thought at the time of reading. I lay hold of affirmations that appeal to me. If none come to me I dismiss the whole matter until the next night. I also kept Silent Unity informed as to my needs, and was always assisted by them. *M. L. Sovil.*"

A LETTER OF APPRECIATION

Dear Friends—In reference to your word of explanation in the September UNITY, Page 274, about the high cost of producing publications, I would like to make some suggestions.

Since the Truth comes directly from the Divine Source, and is made clear through the instrumentality of the Unity School, it follows that the UNITY is doing "the Father's business," which conjunctly has also become our business. Other publications have raised the prices, and were in many cases advised to do so by their own readers. If the price of Unity publications should be raised from $1.00 to $1.50 it would not only be justifiable, but compared with what we receive, it means in reality a very small compensation.

For instance, the first article in the September UNITY, "Purity," by Ida M. Mingle, has brought to my home an awakening of such greatness that at once myself and wife were lifted up and received the glorious light. With amazement I notice now the awful darkness of the past.

You say you do not like to raise the price if you can avoid it. Therefore let us do it in substance—all who have received the Love, Light and Truth give praise and thanks by sending in $1.50 when renewing their subscriptions. What a fine feeling to do things out of Love!

Another way to give praise and thanks toward our business is to send with every letter we mail to the Unity School, "some message of love." Every letter we receive from the Unity School is sent in the spirit of love. The postage stamp is the medium of exchange, and in connection with the Father's business I would like to call the postage stamp, "Messenger of Love." The amount of stamps used in the office of Unity must be enormous, and if coöperated with in this respect our business would be well supported.

Leo Zuterman, 515 Conkey Ave., Rochester, N. Y.

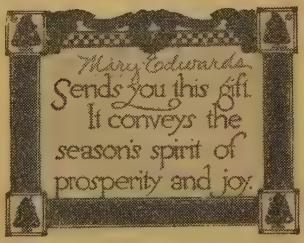
The Silent Unity workers unite in thanking our correspondents who send in neat letters, legibly written in ink. It is a pleasure to handle mail of this kind, and the work is taken care of more promptly when time does not have to be spent in deciphering careless writing. For the benefit of those who may desire to bring their letters up to a standard of excellence, we give this information: All letters should be written with ink, and on one side of paper only. Pages should be numbered. State definitely what you want.

ABOUT CHRISTMAS GIFTS

Hardly has the recollection of the Fourth of July faded from the mind when one realizes that the time has come to think about Christmas, the season which should be an occasion of great joy takes on the omnious expression of weeks of shopping and nights of tireless labor on trifling baubles. Christmas, glad Christmas, is a time of universal peace and should be pervaded by rest and blessed recuperation, instead of worry about gifts.

With the kind assistance of Uncle Sam we offer our services as the modern Santa Claus. You could not spend more loving care on wrapping your packages and putting in a Christmas card and neatly addressing your gift than we do.

Here is a picture of the Christmas card, which is sent at your request when you subscribe to our periodicals for a friend, or send a book. Your name is filled in and the card inclosed without extra charge. The label is symbolical of Christmas and the package, as you see by the engraving, is certainly charged with the Yuletide sentiment.



Do you realize that by selecting your gifts from the following pages you may bring joy to those you love without the usual Christmas anxiety?

Christmas Books

No difference where your gift is directed it will be dispatched with Christmas cheer from the tender hands of Unity teaching, so we especially mention the following:

It is sometimes difficult to know just what would be acceptable to friends who are not especially interested in the Unity teaching, so we suggest:

"Love the Supreme Gift" is a book of such contents and quality and binding that it makes an ideal remembrance. "The Path of Love" is also a dainty and unobtrusive gift. A good Bible would be acceptable. "In Christ's Garden" is an appropriate remembrance.

For the child who loves to read and learn, the child whose little growth eagerly follows the bend of the hand which trains it, we would suggest first, that splendid book by Myrtle Fillmore, illustrated by Wilmot Heitland, "Wee Wisdom's Way." Another book which, although a children's story, would be devoured by the average grown-up is Miss Shanklin's "Treasure Box." Then we have Mrs. Hardy's "Nature Talks," and Miss Kellerhouse's "Love's Roses," not forgetting the monthly magazine, *Wee Wisdom.*

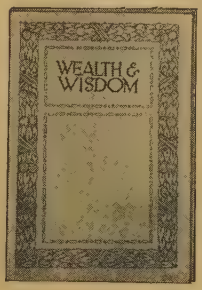
The "Beaux Arts" booklets deal with many subjects and one may select from their number with perfect safety. Then there is the new Huntley book, "A Truth Student with the Soldiers." This comes bound in khaki cloth, without glue or paste, and printed on the finest bond paper.

In presenting the following Christmas offerings, we want you to understand that you are not dealing with a mere commercial publishing plant, but with a band of friends who have volunteered to assist you in every way possible.

Christmas Books

WEALTH AND WISDOM

by JENNIE H. CROFT



Wealth, like every other manifest thing, is an attitude of mind. To attain wealth, the proper mental activity must be maintained until the entire mentality is impregnated with the consciousness of riches.

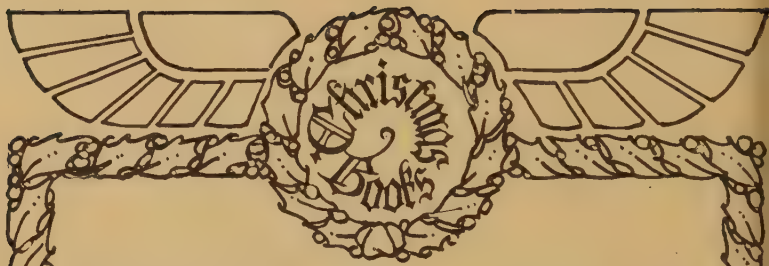
At the close of each chapter there is given a valuable affirmation for meditation. As a result unlimited success and prosperity become manifest. Paper cover and envelope to harmonize with the "Prosperity Series." Price 20 cents.

TRUTH'S SIMPLICITY

by IDA M. MINGLE

"Truth's Simplicity" brings to the reader a message of Truth, simply and earnestly expressed. It is an inspiration for the soul seeking to apply the teachings of Jesus Christ in daily living.

"The Principles of Truth are the *Science of Being*. Understanding and applying the principles of Truth is the *Art of Being*." The student of Truth *knows* his principles when he demonstrates them. This booklet points the way to demonstration, and we gladly recommend it to our readers. Paper cover with envelope to match, price 20 cents.

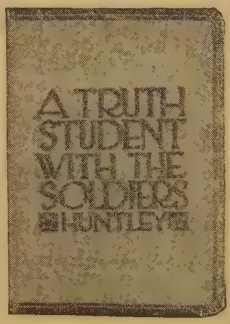


A SPECIAL GIFT FOR THE SOLDIER BOYS

A Truth Student With the Soldiers

Trench Edition of a New Book

by MABEL HUNTLEY

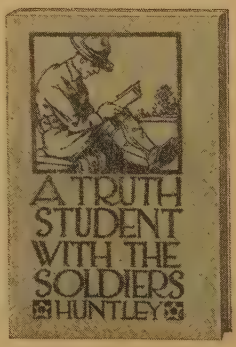


The author of this book was in Europe at the outbreak of this world war, surrounded by tumult and disaster. In the midst of millions of terrified people she proved the power of God in most practical ways. Her experiences are related in this book.

The Trench edition of "A Truth Student with the Soldiers" is almost an "indestructible book." Within the covers of Khaki binding, in which no glue has been used, the book is found printed on a heavy bond paper which will be little affected by water. Having withstood the practical test of being soaked in water, we know the soldier boys will find the book very serviceable.

This little book has been designed to fit conveniently in the soldier's pocket. In a khaki binding that is in keeping with military trappings, this book sells for $1.00.

Another edition of this book has been printed on eggshell book paper and bound in a paper cover. This edition is not waterproof. Price, 50 cents a copy.



WEE WISDOM'S WAY

by MYRTLE FILLMORE

Here is a book that makes an exquisite gift. It is of a de luxe edition of unusual beauty.

An understanding of the basic principles of Practical Christianity is gained through reading "Wee Wisdom's Way." The book contains the true experiences of the power and results of Truth teachings. Richly illustrated and well printed, this charming book sells for $1.50.

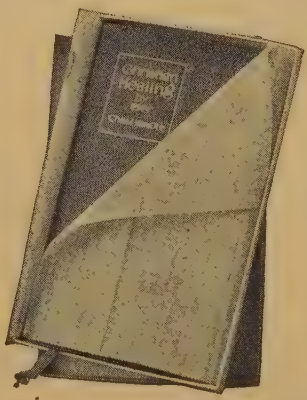
TREASURE BOX

by IMELDA O. SHANKLIN

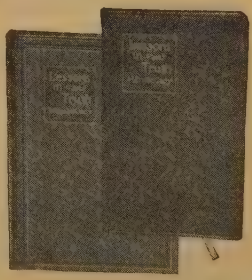
This little booklet is most artistically gotten up, with numerous pen illustrations and halftones. We recommend "Treasure Box" as a delightful gift for children. A story which is full of all the fascination and charm of a fairy story and yet rich with the highest teachings. Price 50 cents.

TWO STANDARD BOOKS IN HANDSOME LIMP BINDING

All those who have seen the new pocket editions of "Christian Healing," and "Lessons in Truth" in limp binding are delighted with these handsome volumes. The fine, flexible cover has the exact apearance of leather, although it is a purely vegetable composition of good, durable quality. Another pleasing feature about these books is that each is silk sewed.

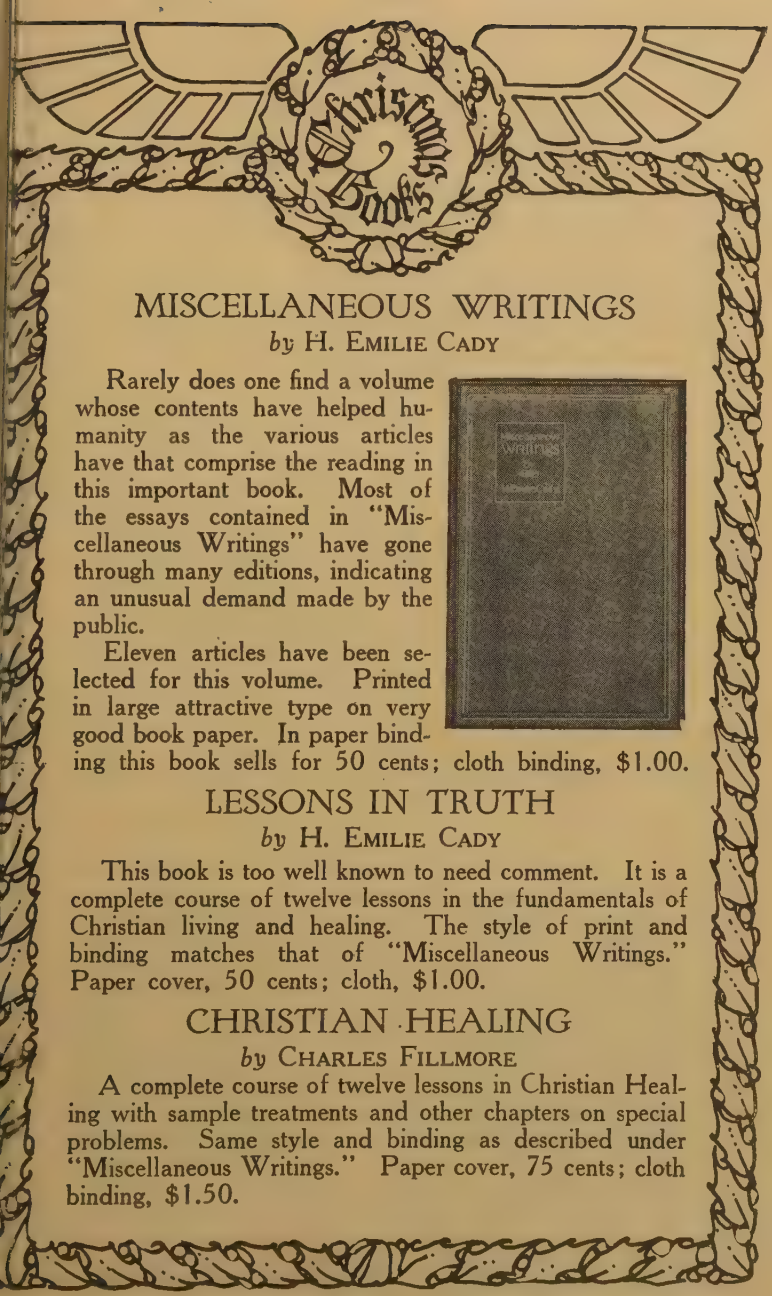


Being in pocket edition, the books have been printed on very thin paper; completed they measure 4⅜ by 7¼ inches, and are less than half an inch thick, but the type is large and clear. Note the illustration that brings out the comparative sizes of the new limp edition and the cloth binding.



The books are most attractive. Each volume is wrapped in a sheath of shimmery, daintily ribbed paper and placed in a neat little grey-paneled box. One could not hope to choose a more dainty and artistic gift.

The price of "Christian Healing" in flexible binding is $2.50; "Lessons in Truth" in flexible binding is $2.50.



MISCELLANEOUS WRITINGS

by H. EMILIE CADY

Rarely does one find a volume whose contents have helped humanity as the various articles have that comprise the reading in this important book. Most of the essays contained in "Miscellaneous Writings" have gone through many editions, indicating an unusual demand made by the public.

Eleven articles have been selected for this volume. Printed in large attractive type on very good book paper. In paper binding this book sells for 50 cents; cloth binding, $1.00.

LESSONS IN TRUTH

by H. EMILIE CADY

This book is too well known to need comment. It is a complete course of twelve lessons in the fundamentals of Christian living and healing. The style of print and binding matches that of "Miscellaneous Writings." Paper cover, 50 cents; cloth, $1.00.

CHRISTIAN HEALING

by CHARLES FILLMORE

A complete course of twelve lessons in Christian Healing with sample treatments and other chapters on special problems. Same style and binding as described under "Miscellaneous Writings." Paper cover, 75 cents; cloth binding, $1.50.

UNITY BEAUX ARTS SERIES

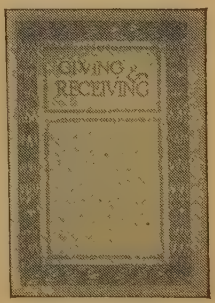
Six dainty booklets comprise this series. They are uniformly printed in large clear type on heavy paper, with artistic sepia cover. The name of the series has been taken from the beautiful Beaux Arts cover in which they are bound.

The Unity Press published this series originally for the holidays, as the booklets make excellent Christmas and New Year gifts. We make the special price of $1.00 for the complete series when ordered at one time, but if ordered separately the price of each is 20 cents. Each booklet is inclosed in a handmade envelope.

GIVING AND RECEIVING

by CHARLES FILLMORE

The conception of God's infinite substance and the manner in which one may acquire this substance is dealt with in this booklet. Giving is as great a problem as receiving. One must first learn to give, then the receiving comes automatically. This booklet is covered with artistic paper with envelope to match. Price 20 cents.



Christmas Books

IN CHRIST'S GARDEN

by MARY BREWERTON DE WITT

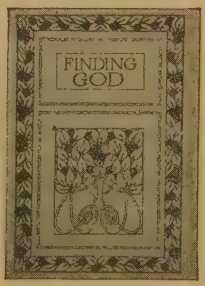
In this refreshing book is found, clothed in beauty of style and loveliness of spirit, an inspiring narrative of a soul's experiences in realizing its oneness with the Father.

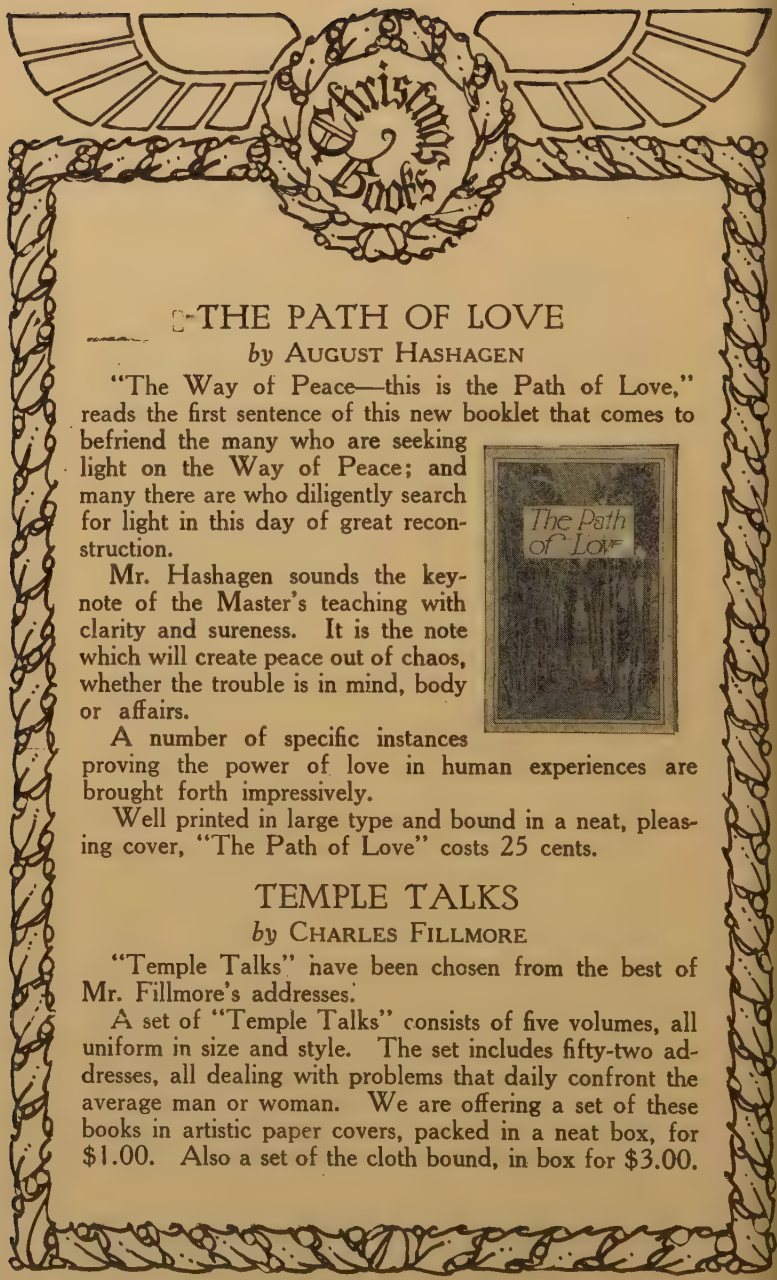
In keeping with the beautiful contents, "In Christ's Garden" is neatly bound in a designed cover that blends harmoniously with the India tint paper of the book. The type is Cheltonian, large and clear. There are fifty pages; size 4½ by 7 inches. The price of the book is 50 cents.

FINDING GOD

by CHARLES FILLMORE

In this booklet the abstract concept of God is brought into concrete form. The attributes of God are clearly defined and stated in words easily grasped by the most elemental metaphysical student. Directions are given for gaining a further expression of God's infinite Power, Wisdom, Love and Substance. Printed on toned antique paper with artistically designed Antiquarian cover, envelope to match. Price 20 cents.





THE PATH OF LOVE

by AUGUST HASHAGEN

"The Way of Peace—this is the Path of Love," reads the first sentence of this new booklet that comes to befriend the many who are seeking light on the Way of Peace; and many there are who diligently search for light in this day of great reconstruction.

Mr. Hashagen sounds the keynote of the Master's teaching with clarity and sureness. It is the note which will create peace out of chaos, whether the trouble is in mind, body or affairs.

A number of specific instances proving the power of love in human experiences are brought forth impressively.

Well printed in large type and bound in a neat, pleasing cover, "The Path of Love" costs 25 cents.

TEMPLE TALKS

by CHARLES FILLMORE

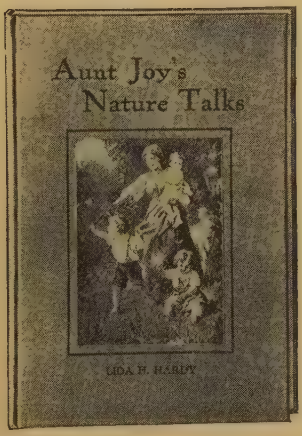
"Temple Talks" have been chosen from the best of Mr. Fillmore's addresses.

A set of "Temple Talks" consists of five volumes, all uniform in size and style. The set includes fifty-two addresses, all dealing with problems that daily confront the average man or woman. We are offering a set of these books in artistic paper covers, packed in a neat box, for $1.00. Also a set of the cloth bound, in box for $3.00.

Christmas Books

NATURE TALKS

by LIDA H. HARDY



This book will find a place of welcome in the homes of thousands of progressive parents, for through its valuable lessons children are led to observe Life in its different degrees of manifestation, and are made to know that every creation of God, however lowly, has its place in the one great whole, of which the children themselves are only another expression.

"Nature Talks" contains chapters on the following subjects: Earth, Light, Water, Air, Rocks, Coal, etc.

We are able to supply the book in neat paper cover for 50 cents; in attractive cloth binding for $1.00.

JOY AND ATTAINMENT

JENNIE H. CROFT

In a clear, forceful style, Mrs. Croft presents the fact that the way of highest attainment lies in conscious union with the Source of all that is.

Bound in delicate Sunburst cover of ecru, and inclosed in a handmade envelope of the same material, this "Joy" booklet bears a real Christmas suggestion. Mailed to any address for 20 cents.

Christmas Books

THE OXFORD BIBLE

This new Bible is beautifully and durably bound in Keratol, a vegetable composition that looks very much like leather. The binding is excellent; it is stronger than much of the leather used on Bibles. Only an experienced person can tell that the binding is not leather. *No leather or any animal product enters into this Bible or its binding.*

We offer this Oxford Bible only with a year's subscription to Unity Magazine or Weekly Unity for $3.50.

THE OXFORD INDIA PAPER EDITION

The New Oxford Bible can also be supplied in the India paper edition. India paper has made a revolution in the art of printing. It is very thin; the Bible here mentioned weighs only 23 ounces, being 1⅛ inches thick. The binding is Keratol.

The Oxford Bible of the India Paper Edition is offered only with a year's subscription to Unity Magazine or Weekly Unity for $5.00.

LOVE: THE SUPREME GIFT

by Prof. Henry Drummond

In a beautiful decorative gift edition, which we feel will meet the approval of all lovers of artistic books, we offer this famous analysis of love, based upon the inspiring poem of St. Paul. The booklet is indeed beautiful; printed in two colors, with envelope to match. Price 50 cents.

GOOD WORDS CLUB EMBLEM

Actual size

The emblem, in gold and blue enamel, bears at the upper edge the words, "Speak no evil," and the letters, "G. W. C." at the lower edge, in the center the three Chinese monkeys embossed in gold. The pin is fitted with a safety clasp. The emblem can be supplied in solid gold at $1.00 and in gold plate at 40 cents.

A DAINTY UNITY EMBLEM

The illustration (exact size) gives a good idea of the appearance of the pin. The design, a "winged world," symbolizes the soul in its flight back to its original source, the Supreme.

It is made in heavy 14K gold, or in solid silver, and is fitted with a safety catch to avoid losing.

It is also furnished with the letters S. S. U., standing for the Society of Silent Unity, and S. 70, standing for Silent Seventy. Kindly state which is desired. Price, in solid 14K gold, $2.50; in solid silver, $1.25 (cash with order). By registered mail 10 cents extra. Otherwise at purchaser's risk.

LOVE'S ROSES

by LUCY KELLERHOUSE

We only enjoy health, joy and happiness when we think kind, noble and loving thoughts, and this little story tells so beautifully how a little child can control thought, and build into his life just the conditions which are for his greatest good. Price 25 cents.

Concerning the Unity Prosperity Bank

Why Necessary.

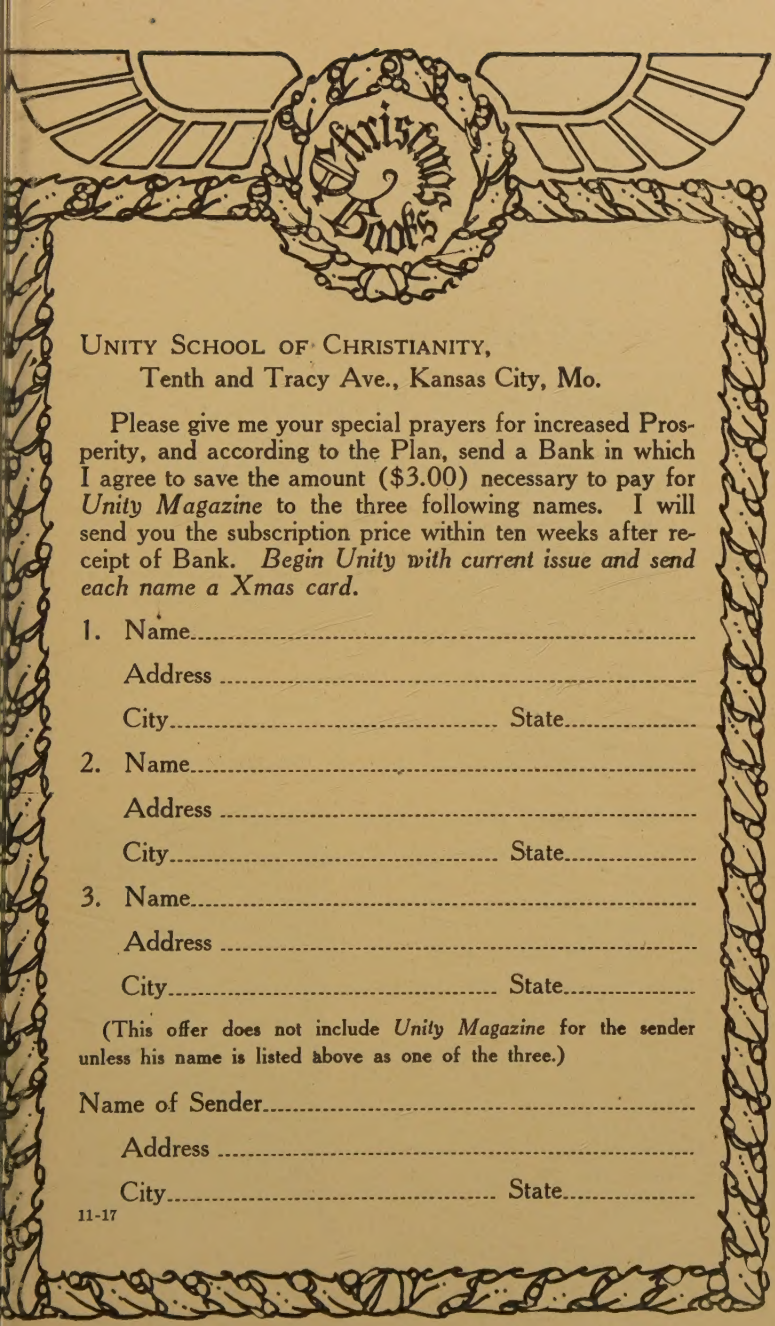
Men and women everywhere are searching for, and will be satisfied with only that which is practical. When the hidden principles of life are discerned by them, they will not accept those principles wholly until their practical values have been discovered. It seems quite necessary to find a working basis for the science of life before mankind will endeavor to apply its laws; in this respect the Unity Prosperity Bank Plan supplies the demand by giving the world a practical lesson in demonstrating the truth and reality of the principles of Prosperity.

The Object of the Bank.

The bank Plan was conceived from the idea of applying the power of thought in finances and success. We have proved that our minds have power to draw to us abundance of all good things from the Universal Source, and upon this fact the Bank Plan was scientifically founded. Its object is to furnish a simple Prosperity lesson that teaches the unfailing Law of Supply. The lesson also includes special prayers given by the Society of Silent Unity and a drill in concentration.

The Use of the Bank.

From the time that the Plan was first used it has been an extraordinary success. A great number of our readers have requested the Bank because they realized that the Plan would help them establish their prosperity on a more permanent foundation, and at the same time give an opportunity to send *Unity Magazine* to three persons who need the ministry of this helpful periodical. So with the Prosperity lessons and prayers for success there is sent a Unity Bank in which the applicant deposits the subscription price of the magazine he sends to friends. Prosperity instructions accompany the Bank. Application blank for the Unity Prosperity Bank will be found on the next page.



UNITY SCHOOL OF CHRISTIANITY,
Tenth and Tracy Ave., Kansas City, Mo.

Please give me your special prayers for increased Prosperity, and according to the Plan, send a Bank in which I agree to save the amount ($3.00) necessary to pay for *Unity Magazine* to the three following names. I will send you the subscription price within ten weeks after receipt of Bank. *Begin Unity with current issue and send each name a Xmas card.*

1. Name.....
   Address .....
   City..... State.....
2. Name.....
   Address .....
   City..... State.....
3. Name.....
   Address .....
   City..... State.....

(This offer does not include *Unity Magazine* for the sender unless his name is listed above as one of the three.)

Name of Sender.....
Address .....
City..... State.....

11-17

Christmas Books

HOLIDAY SUBSCRIPTIONS

WEEKLY UNITY

PRACTICAL CHRISTIANITY FOR PRACTICAL CHRISTIANS

Vol. VIII KANSAS CITY, MO., SATURDAY, FEBRUARY 1, 1917 No. 10

THE HOLY SPIRIT

CONRAD PALMER

What could be more appropriate for a gift at Christmas time than a year's subscription to a magazine that proclaims Christ as a reality, ever present and living today?

Our magazines show how Christ is here in each consciousness. His teachings can be applied to everyday problems in such a way that they bring Joy and Happiness, Health and Prosperity.

If you give each of your friends a year's subscription to one of our periodicals you are placing in their reach a key that will open to them a new life of possibilities.

Unity Magazine is $1.00 a year; Weekly Unity, $1.00 a year; Wee Wisdom is 50 cents a year.

Christmas Cards, if desired, will be sent to the recipients of all Christmas and New Year subscriptions. The sender's name will be written on the greeting.

WEE WISDOM

JANUARY, 1917